In Person & Livestreamed

Roots and Wings

Healing and Thriving With Science and Spirit

May 28 – June 1, 2026 | Reston, VA
Hyatt Regency

"This is by far the best professional conference I've ever attended. I feel like I've come home."
—Melinda Moats, M.Ed.

28TH INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

Register by April 15 and save up to $200!
EP-Conference.org

Get breakthrough results with less effort. Join your holistic community, get inspired and learn new skills.

Inspiring keynotes include:

Eileen McKusick & The Brothers Koren • Deborah Rozman • Phil Mollon, PhD, Jessica Dibb & Russ Hudson • Donna Eden & David Feinstein, PhD
400+ professionals attend every year.

Presented by the Association for Comprehensive Energy Psychology | 25+ CE hours available

Welcome

Over the past several decades, Energy Psychology has become one of the most transformative developments in mental health and integrative healing.

What began as a set of emerging techniques has grown into a robust, research-supported field that blends neuroscience, somatic wisdom, consciousness studies, and ancient energetic traditions.

As practitioners, we stand at a threshold.

- Clients are seeking deeper healing.
- Communities are yearning for tools that restore connection and coherence.
- And our times call for approaches that honor both the scientific mind and the spiritual heart.

This year's theme—**Roots and Wings: Healing and Thriving with Science and Spirit**—reflects the evolution of our field and the evolution within each of us. We are grounding into what is proven, ethical, and clinically effective, while expanding toward the intuitive, the creative, and the transformational.

Whether you're new to Energy Psychology or a long-time practitioner, this conference is designed to nourish you professionally and personally:

- Learn directly from the pioneers advancing the science
- Experience practices that deepen intuition, presence, and coherence
- Connect with a community devoted to healing, service, and embodied wisdom

In a world that feels increasingly fragmented, this is a place to renew your spirit, refine your skills, and remember your purpose.

Welcome to a conference that is more than an event—it is a homecoming for those who hold both the roots and the wings of human transformation.

Are You An Experienced Holistic Practitioner?

After 27 years, the verdict is in. This conference is one of the most respected and impactful gatherings in the field of Energy Psychology and integrative healing. Seasoned practitioners return year after year because they:

- Discover new techniques that elevate client outcomes
- Build meaningful connections with colleagues
- Leave with renewed clarity, purpose, and energy
- Access cutting-edge research that expands their toolkit

Deepen your mastery. Strengthen your impact.

New to Energy Psychology?

Join hundreds of clinicians who have discovered research-supported methods that help clients shift quickly and safely. Energy Psychology integrates:

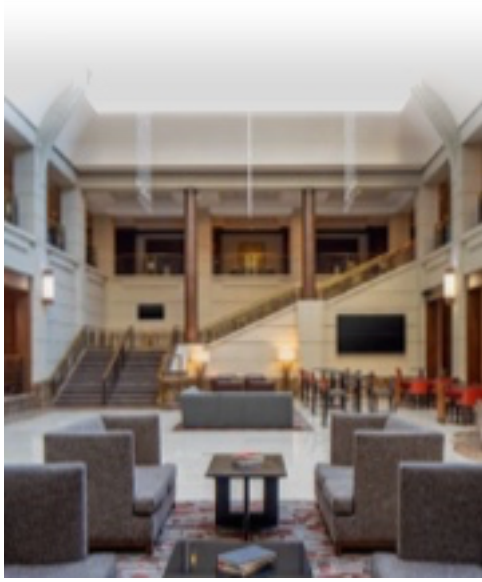
- Evidence-based psychological frameworks
- Body-based awareness
- Energy and biofield principles
- The neuroscience of stress and resilience

Get the tools, confidence, and community you need to begin using EP immediately and ethically.

Get Nourished on All Levels

- Refine skills.
- Experience transformation.
- Connect with your community.
- Leave replenished—mind, body, and spirit.

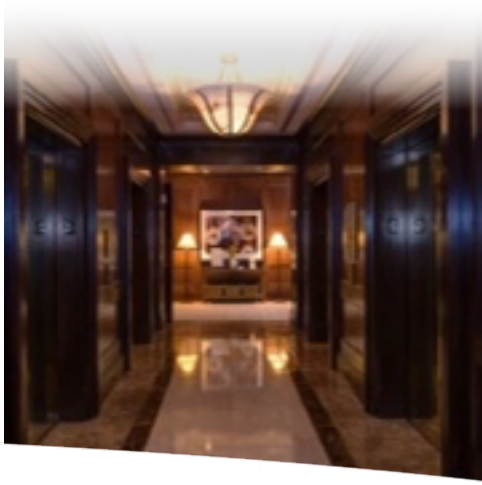
We can't wait to welcome you to beautiful Reston, Virginia! Get ready for relaxation, renewal and inspiration at the Hyatt Regency Hotel.



Centrally located in Reston Town Center, our venue this year is one of the largest hotels near Dulles International Airport. Upscale comfort awaits you with convenient access to explore the historic sites of Washington, D.C. or walk to charming dining, shopping, and entertainment just steps away.

Get the amazing room rate of only $179/night.

Get details at **ep-conference.org**



Customize Your Learning

Choose from 35 Learning Labs across 7 Tracks:

1 Fundamentals of Energy Psychology

2 Specific Populations & EP Approaches

3 The Many Faces of Trauma & Violence

4 Flow, Resilience & Performance

5 The Science of Therapeutic Change

6 Transformational / Experiential Journeys (1-hour sessions)

7 Conscious Practice & Emerging Trends

We welcome all helping professionals interested in integrative, mind-body approaches, including:

- Licensed mental health professionals
- Nurses
- Physicians
- Coaches
- Energy healing practitioners
- Chiropractors
- Acupuncturists
- Educators
- Clergy
- Allied health professionals

25+ CE HOURS

REGISTER BY APRIL 15 AND SAVE UP TO $200!

ep-conference.org or call 619-861-2237

Keynotes *View objectives at ep-conference.org.*

Thursday, May 28

5:30pm – 7:00pm

K1. The Vital Voice: The Missing Link In Energy Psychology

Experience the voice as one of the most underused yet powerful regulators of the body's electric system, emotional coherence, and human potential. Through vocal toning, electric breath, and the Five Vital Voice Zones, Eileen McKusick and The Brothers Koren will guide you in unlocking the voice as a whole-body instrument for transformation. Discover how simple tone-ics shift vagal tone, emotional patterns, and biofield coherence—restoring balance, presence, and vitality.

Eileen Day McKusick is a researcher, writer, inventor, and founder of Biofield Tuning. A pioneer in therapeutic sound and electric health, she has studied the biofield since 1996 and authored the bestselling books *Tuning the Human Biofield* and *Electric Body, Electric Health*.

Thorald Koren is a voice and behavioral coach and co-founder of The Brothers Koren, known for teaching "voice as a whole-body instrument" through nervous system re-patterning.

Isaac Koren, a vocalist and teacher, co-founded The Brothers Koren and Sing the Body Electric, helping people reclaim expression, worthiness, and the healing power of song.

Program is subject to change.
See ep-conference.org for updates.

Friday, May 29

8:30am – 10:00am

K2. The Science Of Global Coherence: How Our Hearts Shape The World

Dr. Deborah Rozman will share groundbreaking research on heart-brain energetics and measurable field effects linking individual physiology with collective outcomes. Learn how synchronized heart rhythms influence well-being, explore recent findings from the Global Tree Monitoring Project and the Global Consciousness Project 2.0, and experience a guided global coherence meditation using the Global Coherence App. Discover the next evolution in heart-brain science and how collective heart intelligence can shape a more coherent world.

Deborah Rozman, PhD, is President and co-CEO of HeartMath Inc. Deborah is a behavioral psychologist and since 1991 has helped lead HeartMath's mission to facilitate a more resilient and heart-based world.

5:00pm – 6:30pm

K3. Integrating The Enneagram's Nine Pathways For Embodied Awakened Consciousness

The search for higher consciousness can become conceptual or dissociative, disconnecting people from the embodied qualities of true presence. This keynote explores how each Enneagram pattern leaves—and returns to—Presence. Through compassionate understanding of temperament, ego defenses, and the inner narratives that form pseudo-virtues, you'll discover practical pathways for developing somatic, emotional, and cognitive presence. Learn how the nine essential qualities become embodied virtues that support genuine awakening in everyday life.

Russ Hudson is one of the world's foremost authorities on the Enneagram and co-author of the bestselling Wisdom of the Enneagram and Personality Types. He is the co-creator, with Don Richard Riso, of the Riso-Hudson Enneagram Type Indicator (RHETI®). With over three decades of teaching, research, and contemplative practice, he brings clarity, compassion, and experiential wisdom to the integration of psychology, somatics, and spiritual presence.

Jessica Dibb, founder of the Inspiration Consciousness School and a lead facilitator for the Global Gathering of Breathworkers, is a master teacher of breathwork, consciousness development, and psycho-spiritual integration whose work spans nearly 30 years.

The Bards: Musical Guest Storytellers

Bob Sima and Shannon Plummer weave music, storytelling, and spiritual practice into a powerful experience that opens the heart and uplifts the energy of the entire conference. Their work blends original, soul-stirring songs with contemplative wisdom, somatic awareness, and inner work, inviting participants into presence, connection, and renewal.

Bob Sima is an award-winning singer-songwriter, transformational coach, and creator of The Song of Your Soul Method™.

Shannon Plummer is a singer, Peruvian-trained shaman, and life coach who integrates shamanic practices, breathwork, and meditation to support personal transformation.

Keynotes *(Continued)*

Sat., May 30 **8:30am – 10:00am**

K4. The Physics Of The Mind—Implications For The Practice of Energy Psychology

Explore how modern physics expands our understanding of consciousness and healing. Drawing on decades of clinical experience and insights from quantum science, Dr. Phil Mollon shows how the mind extends beyond the brain and participates in a unified field of information. He examines evidence for extrasensory processes and explains why some therapeutic approaches enhance coherence while others disrupt it, offering practical implications for energy psychology practice.

Phil Mollon, PhD, is a psychoanalyst, clinical psychologist, past ACEP president, and developer of Psychoanalytic Energy Psychotherapy and Blue Diamond Healing. He is the author of 14 books, including *The Physics of the Mind.*

Sun., May 31 **2:15pm – 3:45pm**

K5. What Energy Medicine Has To Offer Energy Psychology

Discover how Energy Medicine can enhance the effectiveness, speed, and depth of Energy Psychology practice. This keynote introduces simple, powerful methods to prepare the body's energy systems for therapeutic change, correct disorganization, and strengthen resilience. Donna Eden and David Feinstein will demonstrate grounding, clearing, and coherence-building techniques that support lasting transformation—and set the stage for the workshop that follows.

Donna Eden is a world-renowned pioneer in Energy Medicine whose teaching and healing work has shaped the field for more than four decades.

David Feinstein, PhD, a clinical psychologist and award-winning author, co-directs the Eden Energy Medicine Certification Program and is a leading voice in Energy Psychology.

Invited Presenters

Fri., May 29 **2:45pm – 3:45pm**

IP1. Sacred Soil Within: Microbiome Medicine For Emotional and Spiritual Resilience

Explore how the gut shapes emotional and spiritual well-being through the science of the microbiome. Dr. Mary Louder combines medical insight with holistic wisdom to reveal how the gut–brain connection influences mood, resilience, and trauma recovery. Learn how anxiety functions as a threshold to transformation and how microbiome-aware practices can support emotional healing. Through engaging teaching and guided reflection, participants will gain practical, evidence-based strategies for nourishing both science and spirit.

Mary Louder, DO, integrates scientific research with cultural and spiritual wisdom to support mind–body healing. She teaches internationally on microbiome medicine, emotional resilience, and intuitive embodiment.

IP2. Living The H.A.R.P.: Trauma-Informed Recovery and the Power of Energy Psychology

Explore how trauma shapes emotional and behavioral patterns within correctional settings—and how simple, evidence-informed energy psychology tools can support stabilization and healing. Drawing on her work with the Chesterfield County Jail's HARP program, Kerri Rhodes shares how tapping, F.A.S.T., and other mind-body practices reduce reactivity, build emotional steadiness, and strengthen engagement for individuals often underserved by traditional systems.

Kerri Rhodes, LMFT, LPC, is Director of Behavioral and Mental Health for the Chesterfield County Jail and a specialist in trauma-competent, mind-body recovery approaches.

Sat., May 30 **5:00pm – 6:00pm**

IP3. Historical Healing With the Four Elements

Explore how the body serves as a living archive for personal and ancestral stories carried across generations. Drawing on Somatic Archaeology©, Dr. Ruby Gibson reveals how the elements—Air, Fire, Water, and Earth—illuminate the emotional and historical imprints held in our tissues, breath, and memory. Through accessible teaching and guided somatic inquiry, participants will learn to listen to the body's subtle narratives, release inherited burdens, and restore coherence, grounding, and inner truth.

Attendees will gain simple, practical tools for integrating elemental wisdom and generational healing into clinical and energy psychology practice.

Ruby Gibson, D.Min. is a somatic therapist, educator, and Co-Founder/Executive Director of Freedom Lodge. She developed Somatic Archaeology© and the 200-hour Historical Trauma Master Class, and is the author of *My Body, My Earth and The Practice of Somatic Archaeology.*

IP4. Energy Healing For Trauma Relief: Train-the-Trainer Interventions in Uganda

Discover how Energy Psychology tools can be introduced in communities with limited exposure to EP practices. Learn strategies for teaching simple, effective methods across cultural contexts and building trust with participants navigating stress, trauma, and instability. This session highlights lessons from Rachel Michaelsen's 2026 work training Ugandan community leaders in EFT, resources for resilience, and sound healing.

Rachel Michaelsen, LCSW, a Diplomate in Comprehensive Energy Psychology, has trained mental health and social service providers internationally in EP and sound healing. She is the former Chair of ACEP's Humanitarian Committee.

"This conference changed my entire practice."

—Gail Gillespie, LMFT

Friday, May 29

6:30AM **- 7:15**AM	**Morning Energizers**
8:00 AM **- 8:30**AM	**Opening Ceremonies**
Keynote **8:30**AM **- 10:00**AM	**The Science Of Global Coherence: How Our Hearts Shape The World** *Deborah Rozman*
10:45 AM **- 12:45** PM	**Learning Labs A** *View Session Details (see grid below)*
12:45 PM **- 2:45** PM	**Complimentary Lunch: ACEP Annual Meeting + 70-Minute Workshop with Brothers Koren**
Invited Presentations (Your Choice) **2:45**PM **- 3:45**PM	**Sacred Soil Within: Microbiome Medicine For Emotional and Spiritual Resilience** *Mary Louder* **Living the H.A.R.P.: Trauma-Informed Recovery and the Transformative Power of Energy Psychology** *Kerri Rhodes*
3:50PM **- 4:20**PM	**Movement Break: Restore Coherence: Afternoon Energizer** *David Rosenberg*
Keynote **5:00** PM **- 6:30**PM	**Integrating The Enneagram's Nine Pathways For Embodied Awakened Consciousness** *Russ Hudson and Jessica Dibb*
6:30PM	**Dinner On Your Own**

Learning Labs A
10:45AM **– 12:45** PM

Track 1 Fundamentals of Energy Psychology	**Navigating Ethical Challenges in Energy Practices** *Phil Mollon,PhD,DCEP;KerstinWarkentin, CEHP; AmandaFreger,LPC, DCEP; Sheila Bender, PhD; Michael Galvin, PhD, DCEP*
Track 2 Specific Populations & EP Approaches	**Coherent Heart, Wise Mind: Heart Assisted Therapy** *Kathy Milano, PhD, DCEP*
Track 3 The Many Faces of Trauma and Violence	**Can EP Reduce the Risk Level of Suicide?** *Ron Masters, MSW*
Track 4 Flow, Resilience & Performance	**Opening to Oneness: Where Roots Meets Wings in Diversity** *ShawnBlue,PsyD,DCEP;Shoshana Garfield,PhD;Jennifer Groebe,MSW,LCSW; Alea Wise, LMHC, RPT; Alfred Heath, MA, LPC; Inga Blazio*
Track 5 The Science of Therapeutic Change	**Spiritual Emergence Through Paradigm Sculpting** *David Gruder, PhD, DCEP*
Track 6a (1 hour) Transformational / Experiential Journeys	**Power Up Your Auric Membrane** *Prune Harris*
Track 6b (1 hour) Transformational / Experiential Journeys	**Awaken Through the Five Elements** *Dondi Dahlin*
Track 7 Conscious Practice & Emerging Trends	**NeuroRhythmic Healing** *Cynthia Schwartzberg, LCSW*

Saturday, May 30 *View details*

6:30AM - 7:15AM	**Morning Energizers**
8:00AM - 8:30AM	**Opening**
Keynote **8:30AM - 10:00AM**	**The Physics Of The Mind—Implications For The Practice of Energy Psychology** *Phil Mollon*
10:45AM - 12:45PM	**Learning Labs B** *View Session Details (see grid below)*
12:45PM - 2:15PM	**Lunch On Your Own**
2:15PM - 4:15PM	**Learning Labs C** *(see grid below)*
4:20PM - 4:50PM	**Movement Break: T'ai chi** *David Rosenberg*
Invited Presentations (Your Choice) **5:00PM - 6:00PM**	**Historical Healing With The Four Elements** *Ruby Gibson* **Energy Healing for Trauma Relief: Training Interventions in Uganda** *Rachel Michaelsen*
7:00PM - 11:30PM	**Gala Dinner, Awards Ceremony and Dance Party**

View Session Details	**Learning Labs B** **10:45AM – 12:45PM**	**Learning Labs C** **2:15PM – 4:15PM**
Track 1 Fundamentals of Energy Psychology	**Orientation to the Meridian System** *Michael Galvin, PhD, DCEP*	**Muscle Testing 2.0** *Debra Greene, PhD*
Track 2 Specific Populations & EP Approaches	**Roots of ASD Treatment** *Mandi Freger, LPC, DCEP*	**EP Strategies with Children & Adolescents** *Susan Kane-Ronning, PhD*
Track 3 The Many Faces of Trauma & Violence	**The Stuck Relationship Protocol** *Jane McCampbell Stuart, MA, LMFT*	**Unconscious Trauma & Therapeutic Alliance** *Lucie Monroe, LMHC*
Track 4 Flow, Resilience & Performance	**Ask & Receive in Practice** *Pamela Altaffer, LCSW; Sandi Radomski, ND, MSW; Thomas Altaffer, MSW*	**Neuro-Emotional Technique** *David Ackerman, BS, DC*
Track 5 The Science of Therapeutic Change	**Tapping into the Science of Gratitude** *Carol Look, LCSW*	**Treating the Roots of Anxiety** *Hillary Straus, MA, LMHC*
Track 6a (1 hour) Transformational / Experiential Journeys	**Create Affirmations & Remove Blocks Using Sound Healing** *Greg Carpenter, LMFT; Lori Hops, PhD, DCEP*	**AAIT™: Expanded Awareness & Wellbeing** *Melanie McGhee, LCSW*
Track 6b (1 hour) Transformational / Experiential Journeys	**Touching Heaven & Earth: Alchemical Sound Journey** *Charleene Closshey*	**Cultivating Healing Presence Through the Senses** *Alfred Heath, MA, LPC*
Track 7 Conscious Practice & Emerging Trends	**Intuitive Awareness: RAS, Heart-Biofield & Expanded Consciousness** *Maria I. Limardo, PhD, CEHP*	**The Akashic Field & the Plane of Possibility** *Candice Rasa, LCSW*

Sunday, May 31 *View details*

6:30AM - 7:15AM	**Morning Energizers**
8:00AM - 10:00AM	**Learning Labs D** *(see grid below)*
10:30AM - 12:30PM	**Learning Labs E** *(see grid below)*
12:30PM - 2:00PM	**Lunch On Your Own**
Keynote **2:15PM - 3:45PM**	**What Energy Medicine Has To Offer Energy Psychology** *Donna Eden and David Feinstein*
3:45PM - 4:00PM	**Closing Ceremony**

	Learning Labs D **8:00AM – 10:00AM**	**Learning Labs E** **10:30AM – 12:30PM**
Track 1 Fundamentals of Energy Psychology	**Mindfulness & Chakra Mastery** *Sarette Zecharia, PhD, DCEP*	**Compliance to Clarity** *Tina Vitolo, DSW, LCSW*
Track 2 Specific Populations & EP Approaches	**Grounded Stars: EP for Neurodiverse Children** *Raquel R. Smith, PhD*	**Using EP with First Responders & Military Personnel** *Tom Greenhalgh, LICSW, MACJ, NRP; Jim McAninch, CEAP, CTR, CRM*
Track 3 The Many Faces of Trauma & Violence	**Awakening 8 Meridians for Trauma & Renewal** *David Rosenberg, PhD*	**Integrating Non-Dual Meditation & Energy Psychology** *Glenn Soberman, PhD*
Track 4 Flow, Resilience & Performance	**Roots of Resilience: Self-Mind Clearing Technique** *Donna Ackerman, RN, HN-BC, CHPN, HTCP/I*	**RIPP: Release Issues Past & Present** *Rachel Michaelsen, LCSW, DCEP*
Track 5 The Science of Therapeutic Change	**Healing, Forgiving Intergenerational Trauma** *Caroline Sakai, PhD; Rev. Father Augustin Nzabonimana*	**Calming the Threat Detector** *Michelle Dexter, PsyD, NLPCC*
Track 6a (1 hour) Transformational / Experiential Journeys	**Inner Awareness: Good, Evil & Returning to Love** *Terry Lynch, DPT, MHS*	**Guided Imagery for Healing Potential** *Jennifer Groebe, LCSW*
Track 6b (1 hour) Transformational / Experiential Journeys	**Explore the Magic of Your Blue Diamond** *Phil Mollon, PhD, DCEP*	**From Overwhelm to Clarity** *Kristin Holthuis, MD, DCEP*
Track 7 Conscious Practice & Emerging Trends	**EFT for Gaia** *Rick Leskowitz, MD*	**Restoring Wholeness: Integrating Parts** *Mary Sise, LCSW, DCEP*

Deepen your experience, achieve greater mastery …

Attend a pre- or post-conference workshop

View presenter bios at ep-conference.org.

Pre-Conference Workshops

Thursday, May 28 **8:30am – 4:15pm**

Energy Psychology in Action: TTT & First Aid for Stress and Trauma

Presenter: Kristin Holthuis, MD, DCEP

Learn Trauma Tapping Technique (TTT) as a rapid, gentle method for reducing stress and trauma in individuals and groups. This experiential workshop offers hands-on practice with TTT and complementary self-care tools that strengthen resilience. Leave prepared to use TTT immediately—with the option to pursue certification.

Be Set Free Fast 3.0

Presenter: Alfred Heath, MA, LPC

Explore the newest evolution of BSFF™ and discover how it integrates neuroscience, polyvagal principles, cognitive methods, and ancient wisdom to accelerate emotional transformation. Through demonstrations and guided exercises, learn how BSFF 3.0 rewires patterns with surprising speed and ease. Perfect for clinicians seeking a powerful, user-friendly intervention.

The Spectrum of Highly Effective Interventions

Presenter: Fred Gallo, PhD, DCEP

Gain a practical framework for delivering highly effective interventions rooted in rapport, values, sensory input, and tailored client processes. Experience body-based, imagery, auditory, and mindfulness techniques that can be applied immediately in clinical settings.

EFT for Addiction: Breaking the Cycle & Empowering Recovery

Presenter: Adriana Popescu, PhD

Discover how EFT reduces cravings, emotional triggers, shame, and relapse risk by addressing trauma and limiting beliefs that fuel addictive patterns. Through demonstrations and dyad practice, learn practical tapping strategies for both acute and long-term recovery support. Ideal for clinicians seeking research-backed tools for addiction treatment.

TRE® Trauma Release Exercises

Presenter: Kate E. Munden, DipPsych, EFTi Trainer, TRE® Trainer

Experience TRE® as a powerful somatic method for releasing chronic stress, restoring balance, and supporting long-term resilience. Learn trauma-sensitive pacing, dissociation safeguards, and how neurogenic tremors complement talk therapy and Energy Psychology. This highly experiential day includes two full TRE® practices and tools you can use with clients and yourself.

Internal Family Systems Tapestry

Presenter: Cheryl Llewelyn, MEd, LPC, NCC

Explore how the chakra system, polyvagal theory, and Internal Family Systems weave together to deepen safety, regulation, and trauma resolution. Through somatic exercises and mapping practices, learn to help clients access Self energy, understand protector dynamics, and support lasting healing. A rich, integrative workshop for therapists seeking multidimensional tools.

"The community, the learning, and the energy keep me coming back."

—Alfred Heath, MA, LPC

Post-Conference Workshops

Monday, June 1 **9:00am – 5:00pm**

Free Clients from Chaos: Experiential Tools for Boosting Impactful Resilience

Presenter: David Gruder, PhD

Learn a powerful framework for guiding clients through modern overwhelm toward grounded resilience, clarity, and purposeful action. Through experiential exercises and mindset tools, you'll explore how to transform inner critics, navigate competing worldviews, and cultivate mature self-stewardship. Ideal for practitioners seeking deeper, more integrative approaches toresilienceandempowerment.

Sacred Soil Within: Microbiome Medicine for Mood and Resilience

Presenter: Mary Louder, DO

Explore the microbiome as a doorway to emotional balance, vitality, and spiritual rootedness. This workshop blends science, traditional wisdom, and hands-on protocols to help clients shift anxiety, mood patterns, and dysregulation through gut-brain healing. A rich, integrative experience for those wanting whole-person tools for resilience and well-being.

The Shamanic Journey: Pathway to Knowledge and Power

Presenter: Kerri Husman, MD, DCEP

Experience core shamanic journeying as a potent resource for self-care, insight, and healing. Through ethical guidance, sonic driving, and structured journeys, you'll learn how to connect with spirit teachers and access non-ordinary wisdom. A transformative day for practitioners seeking grounding, direction, and deeper spiritual support.

Breathwork Pathways for Enhanced Clinician and Client Healing, Growth, and Transformation

Presenter: Jessica Dibb

Discover how conscious breathing unifies somatic, emotional, cognitive, and spiritual dimensions for profound healing. Through reflective practices, case studies, and guided breathwork journeys, you'll explore expanded states of consciousness that catalyze insight and integration. A powerful experiential immersion for clinicians wanting to deepen therapeutic presence and transformation.

What Energy Medicine Has to Offer Energy Psychology (Continued from Keynote)

Presenter: Debra Hurt

Learn practical Energy Medicine techniques that enhance grounding, coherence, and neurological organization to support Energy Psychology sessions. This hands-on workshop explores methods for clearing stress, correcting energetic disorganization, and increasing treatment effectiveness. A lively and accessible training for practitioners eager to integrate Eden Energy Medicine into their EP work.

7th Path Self-Hypnosis and Self-Care for Burnout

Presenter: Gregory Brown, MD, DCEP

Explore7th Path Self-Hypnosis as a gentle, spiritually attuned method for releasing emotional residue and restoring mental clarity. Through learning the foundational Recognitions and guided practice, you'll build tools for resilience, inner alignment, and burnout prevention. An empowering introduction to a deeply supportive self-care system for clinicians.

"I was trained at some of the best schools and yet wasn't able to get far with some people, particularly those with trauma and addictions. And then I started using energy psychology. I made more progress with patients in a session or two than I had in several years of treating them. It blew me away."
—Anthony Tranguch, MD, PhD

Onsite & Livestream Registration

Join us in Reston, VA, at the Hyatt Regency or live, online!

Main Onsite Conference Includes

- 5 keynotes, 2 invited presentations, and a choice of 7 learning labs per time slot
- Research Symposium, Thursday, May 28 (~$210 value)
- Complimentary coffee/tea daily + lunch on Friday (~$75 value)
- Up to 17 CE credits (~$150 value)
- Conference livestream recordings (~$100 value)

3 Days Onsite

Registration deadlines:	Early Bird By April 15	Standard By May 10	Late After May 10
ACEP Member	$615	$675	$735
Non-Member	$715	$775	$835

Full time graduate students save up to 40%.

3 Days Online (includes livestream recordings)

Registration for online conference opens February 16.

Registration deadlines:	Early Bird By April 15	Standard By May 10	Late After May 10
ACEP Member	$435	$495	$595
Non-Member	$535	$595	$695

Also Available

- **5 Day All Access Pass**
  (5 days for about the price of 4 – onsite only)
- 2 Day Pass
- 1-Day Pass (NEW in 2026 – onsite only)
- Pre- & Post-Conference 1-Day Workshops – onsite only
  Must enroll in main conference with at least a 1-Day Pass
  (up to 12 additional CE hours)
- Group Discounts for 10+!

For details and registration, visit **ep-conference.org**

REGISTER BY APRIL 15 AND SAVE UP TO $200!

ep-conference.org or call 619-861-2237

Venue & Room Block

Hyatt Regency Reston, Reston Town Center

Walkable dining, shops, and entertainment..

Room block details and booking link will be provided.

Deadline: May 5, 2026 (after this date, the special room rate of $179/night group discount will no longer apply).

The ACEP room block may sell out before the deadline. Book early and save.

Who Should Attend

- Mental health professionals
- Energy practitioners
- Integrative physicians
- Nurses
- Bodyworkers
- Coaches
- Educators
- Spiritual care providers
- Anyone seeking tools for emotional freedom & transformation

Continuing Education *(25+ credits!)*

Continuing education credits are available for LMFTs, counselors, psychologists, social workers, nurses, and other professionals. CE hours vary by workshop, keynote, and session.

For complete CE details visit ep-conference.org.

ACEP ASSOCIATION FOR COMPREHENSIVE ENERGY PSYCHOLOGY

The Association for Comprehensive Energy Psychology is the largest international nonprofit organization of its kind, with 1,400+ members. ACEP promotes professionally responsible energy psychology treatments, humanitarian outreach, and collaboration among practitioners, researchers, and licensing bodies. **Want to learn more about ACEP and energy psychology? Visit energypsych.org.**