13th Annual
Energy Psychology Research Symposium

May 30, 2024

8:30am – 8:40am Welcome and Introductions, John Freedom.

8:40 – 9:05am “About Face: Is Online Delivery of Emotional Freedom Techniques (EFT) as Effective as Face-To-Face?” Elizabeth Boath, PhD.

9:05am – 9:30am “Optimising Plant Morphology, Chlorophyll Content, and Yield Across Diverse Plant Varieties Through Pranic Healing Techniques,” by K. Nagendra Prasad, PhD, Vinu V., MSc., and Srikanth N. Jois, PD.

9:30am – 10:00am “A Meta-Analysis of Randomized and Non-Randomized Trials of Thought Field Therapy (TFT) for the Treatment of Posttraumatic Stress Disorder (PTSD) and Anxiety,” Jenny Edwards, PhD and Michelle Vanchu-Orosco, PhD.

10:00am – 10:15am Morning break

10:15am – 10:45am “Comparing AIT and EFT in the Reduction of Negative Emotions Associated with a Past Memory: A Randomized Controlled Trial,” Greg Brown, MD.

10:45am – 11:15am “Utilizing Advanced Integrative Therapy (AIT) to Treat Anxiety and PTSD in a Pregnant Woman: A Single Design Case Study,” Elizabeth V. Pace, LPCS, M.ED.

11:15 - 11:45am “Effectiveness of Lay Counsellor-Delivered Thought Field Therapy for Trauma-Related Symptoms Among Trauma Affected Internally Displaced Women in Iraq,” Suzanne Connolly, LCSW.

11:45 – 1:00pm Lunch Break

1:00pm – 2:00pm Keynote Lecture: “A Blistering Critique of Energy Psychology and How I Responded,” by David Feinstein, PhD.

2:00 – 2:30pm “Client Experiences of Virtual Energy Healing,” Janet M. Marinelli, MS, and Carol C. Geisler, PhD.

2:30– 2:45pm Afternoon break

2:45pm – 3:15pm “The Effect of Emotional Freedom Techniques for Facilitating Forgiveness: A Randomized Controlled Trial,” Peta Stapleton, PhD.

3:15pm – 3:45pm “High Intensity Embodied Stimulation Effect on Brain Function: A Pilot Study,” Bruce Wayne Meleski, PhD.
3:45pm – 4:15PM  “Musicians in the Zone: Emotional Freedom Technique as a Clinical Pilot Intervention Targeting Music Performance Anxiety, Subjective Wellbeing, Flow and Pitch Accuracy in Musicians,” Abbey Lawless, PhD.