

13th Annual Energy Psychology Research Symposium

May 30, 2024

8:30am – 8:40am	Welcome and Introductions, John Freedom.
8:40 – 9:05am	<i>“About Face: Is Online Delivery of Emotional Freedom Techniques (EFT) as Effective as Face-To-Face?”</i> Elizabeth Boath, PhD.
9:05am – 9:30am	<i>“Optimising Plant Morphology, Chlorophyll Content, and Yield Across Diverse Plant Varieties Through Pranic Healing Techniques,”</i> by K. Nagendra Prasad, PhD, Vinu V., MSc., and Srikanth N. Jois, PD.
9:30am – 10:00am	<i>“A Meta-Analysis of Randomized and Non-Randomized Trials of Thought Field Therapy (TFT) for the Treatment of Posttraumatic Stress Disorder (PTSD) and Anxiety,”</i> Jenny Edwards, PhD and Michelle Vanchu-Orosco, PhD.
10:00am – 10:15am	Morning break
10:15am – 10:45am	<i>“Comparing AIT and EFT in the Reduction of Negative Emotions Associated with a Past Memory: A Randomized Controlled Trial,”</i> Greg Brown, MD.
10:45am – 11:15am	<i>“Utilizing Advanced Integrative Therapy (AIT) to Treat Anxiety and PTSD in a Pregnant Woman: A Single Design Case Study,”</i> Elizabeth V. Pace, LPCS, M.ED.
11:15 - 11:45am	<i>“Effectiveness of Lay Counsellor-Delivered Thought Field Therapy for Trauma-Related Symptoms Among Trauma Affected Internally Displaced Women in Iraq,”</i> Suzanne Connolly, LCSW.
11:45 – 1:00pm	Lunch Break
1:00pm – 2:00pm	Keynote Lecture: <i>“A Blistering Critique of Energy Psychology and How I Responded,”</i> by David Feinstein, PhD.
2:00 – 2:30pm	<i>“Client Experiences of Virtual Energy Healing,”</i> Janet M. Marinelli, MS, and Carol C. Geisler, PhD.
2:30– 2:45pm	Afternoon break
2:45pm – 3:15pm	<i>“The Effect of Emotional Freedom Techniques for Facilitating Forgiveness: A Randomized Controlled Trial,”</i> Peta Stapleton, PhD.
3:15pm – 3:45pm	<i>“High Intensity Embodied Stimulation Effect on Brain Function: A Pilot Study,”</i> Bruce Wayne Meleski, PhD.

3:45pm – 4:15PM

“Musicians in the Zone: Emotional Freedom Technique as a Clinical Pilot Intervention Targeting Music Performance Anxiety, Subjective Wellbeing, Flow and Pitch Accuracy in Musicians,” Abbey Lawless, PhD.