



“Holographic Memory Resolution®: Clean Language and Color Reframing for Managing Somatic Memory”

Presented by: Brent M. Baum, STB, SSL, CADC, LISAC, CCH

“Holographic Memory Resolution®” is an educational and therapeutic process, an “emotional reframing” technique that is categorized as a “body-centered, client-centered” form of therapy. Based on current research on trauma induction, HMR is an educational process that helps the client to reduce the emotional impact of stress-inducing or trauma-inducing events. Understanding “trauma” to be “an altered state of consciousness – a spontaneous state of self-hypnosis, facilitated by the fight/flight function of the Limbic-Hypothalamic-Pituitary-Adrenal Axis,” HMR is a process which assists the client in neutralizing the emotional charge of the original millisecond moment of traumatic encoding. This is a “brief” therapy that pre-empts the need for abreactive re-live of the trauma, thereby preventing re-traumatization. The objective of this process is the education and updating of the 95% subconscious mind, achieved by sending a self-corrective message that allows the discharge of the original affect of the encoded trauma scene. Trauma induces a protective reaction that creates an attachment to the moment of overwhelm by capturing and preserving the associated physical and emotional pain. The body-mind maintains this state (termed “state dependent” memory) until some indication is received that the overwhelming circumstances are resolved, or the attachment released. By enhancing the client’s sense of safety, and through clean language and creative visualization, the client can accept and utilize solutions that neutralize the charge of the externally imposed trauma. HMR is a modality which has been used effectively in the treatment of anxiety disorders, addictive and compulsive behaviors, phobias, chronic pain, migraines, sexual trauma, and many other disorders and syndromes. Stress and trauma induce an altered state of consciousness that captures and preserves both physical and emotional pain as a protective act. HMR enables the client to effectively master these statically held states of consciousness -- subsequently reducing stress to the endocrine and adrenal systems and transferring support back to the immune system. There is no longer any doubt that the single greatest contribution to the weakening of our immune systems, the aging process, the sabotage of our relationships, dreams, and goals, is the fact that we leave present-time awareness and can regress into the pain, brainwave patterns, and physiology of the past 15-50 times an hour. By becoming “mindful about our memories,” we are able, instead, to manifest our highest good.

Research indicates that HMR induces an Alpha-Theta brainwave state that lets the conscious mind relax - thereby preventing a re-live of the original pain while raising the subconscious mind to Theta -- providing enhanced visual and sensory access to repressed imagery and affect. HMR also engages the inner wisdom of the bodymind and initiates a self-healing and self-mapping sequence that may reveal the history of a problem, pattern, or illness. Done from a seated position, the process, employing a verbal technique and an optional nervous system support technique along the dorsal horn of the spine at “C-7,” enables the release of encoded pain from the nerve plexes of the body, usually resulting in noticeable shifts in temperature, weight, and pain levels in the nerve centers of the body.

Brent Baum has served as a Catholic priest, an archaeologist in the Near East, and is a Licensed Substance Abuse Counselor for the State of Arizona. He is a Certified Clinical Hypnotherapist and is the former clinical director and developer of the trauma program at Cottonwood Treatment Centers in New Mexico and Arizona. He is currently affiliated with the Integrative Wellness Program at Miraval in Tucson, AZ and maintains a private practice in Tucson. His work with over 30,000 trauma survivors led to the development of "Holographic Memory Resolution®," a body-centered, client-centered clean-language-based emotional reframing technique for resolving trauma and memory-based pathology. He is the author of "The Healing Dimensions: Resolving Trauma in Body, Mind and Spirit," "Living As Light: The Awakening of Mystical Consciousness," and "Surviving Trauma School Earth." His pioneering work integrating spirituality, traumatology and addictionology led to his involvement with survivors and rescue personnel from the Oklahoma City Bombing, TWA Flight 800, and 9-11-01 and with trauma therapists in Sendai, Japan, prior to the 2011 earthquake/tsunami/nuclear incident.

Holographic Memory Resolution® is a unique body-centered, client centered approach that facilitates the mapping and resolution of a wide range of memory-based pathologies including many types of migraines, chronic pain, anxiety disorders, illness and trauma. Uniquely merging somatic psychology and energy psychology, HMR enables the articulation and mapping of the etiology of memory-based illness and pathology, while empowering the client and facilitating resolution at the moment of encoding, by-passing the need for abreaction or re-live of the event. Targeting "T-1," the precise moment of trauma encoding, and utilizing a nervous system support technique that enhances sensory access to memory while grounding the client, HMR has been identified by leading addictionologists as one of the most powerful and effective relapse prevention tools available today. HMR revolutionizes the psychopathology model and medical model by enabling the client's own bodymind to map the precise etiology and path to resolution of memory-based pathology.

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Objectives:

- 1) List three diverse interdisciplinary definitions of trauma.**
- 2) Describe the five holographic stages of Esteem/Shame Induction.**
- 3) State the term employed to identify the precise moment of (Level 1) trauma encoding.**

Introduction and Overview of the Theme

Description: In this presentation we view a new paradigm for treatment and treatment design. The capacity to systematically track and map the history/etiology of an illness or pathology has been anticipated for decades. Milton Erickson spoke of a somatic component or mechanism that would facilitate the resolution of the “trance” that is trauma, and all related memory-based pathology. The wisdom of the bodymind holds the logic, method, and resources for the mapping and resolution of somatic memory. When achieved in a timely manner, we may, in fact, have the capacity to achieve the goal of “Tolle causam” -- treating, not merely the symptoms of illness, but the cause. By employing a “clean language” approach and the body’s own natural affinity for emotional imprinting through color, the participant’s own brainwaves can be used to establish safety and to create an affective bridge for the discharge of the “outdated” perceptions maintained by moments of trauma and overwhelm.

HMR, as developed by Brent Baum, is a powerful tool for reframing the emotional content of all forms of negative memory (not merely trauma). HMR utilizes a verbal and energetic link with the survivor’s nervous system that facilitates access to the emotional and physiological content of stored memory, while providing safety and calming the system enough to prevent “relive.” By providing expedient access to the specific millisecond-moment of encoding, conventional obstacles to memory recall and resolution are by-passed. The survivor’s own nervous system is enhanced and reveals the proof of safety that was absent at the time of the original encoding. This allows prompt intervention with all memory-based diseases, disorders and syndromes.

- I. Introduction and Overview of Holographic Memory Resolution
 - A. Historical Development of HMR
 - B. Influences Contributing to the Development of HMR
 - C. Mapping of Disease Pathology and the Paradigm Shift

- II. Somatic Psychology and the Mechanisms of Trauma Induction
 - A. Definition(s) of Trauma & 5 Stages of Trauma/Shame Induction
 - B. The Trauma Continuum and the 3 Levels of Trauma Induction
 - C. “T-1” Concept and the Moment of Encoding
 - D. Lessons of Somatic Psychology and the Psychosomatic Network

- III. The Key Principles of HMR
 - A. The Holographic Key
 - B. Enhanced Access to Memory: Electromagnetic Energy Application at C-7
 - C. “Emotional Reframing” and the Brainwave Language of ‘Color’
 - D. Somatic Cueing: The Body’s Innate Wisdom and Storage
 - E. Level 1 and Level 2 Verbal Interventions

- IV. Memory-Based Diseases and Disorders
 - A. Trauma and Disease: The Power of the ‘Trance’
 - B. Synthesis: New Directions in Body-Centered, Client-Centered Therapy
 - C. Research: Mapping and Resolving Disease Pathology

- V. Case Studies and Demonstration.

Historical Development of HMR:

Addictionology: Alcoholism = Disease (1950's). The realization that there is a disease that diminishes "will-power." The breakdown of the "moral failure" model. The opening for a new paradigm of healing/treatment to emerge.

Family Systems Theory, Co-addiction (1960's). The pathology was found to extend beyond the addict to the family system. Systems Theory develops.

Subconscious Roles, Adlerian Psychology, ACOA's (1970's). Ordinal Position and Subconscious Role Assignments were found to be major influences in the dynamics of dysfunctional families.

"Codependency" & Emotional Repression (1980's). When the individual's needs were not met in the dysfunctional system, they appeared to remain "stuck" – in an arrested state of development: continuing to look outward for their needs to be met. This appeared true of any system with significant emotional repression, not just the alcoholic system.

"Backtracking" and Relapse Prevention (1990's). Treatment centers began to focus on the impact of memory triggers and the stages of "relapse" that begin long before the actual ingestion of the addictive substance.

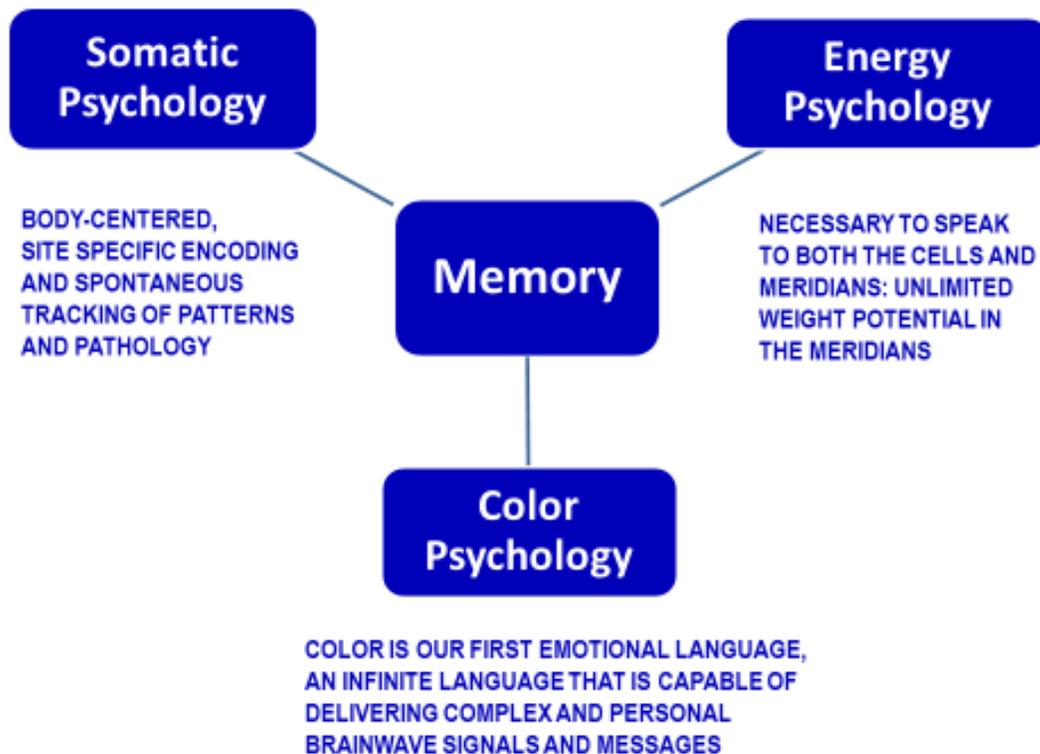
Trauma Resolution: (2000's): (The Realization that "Codependency is the Child of Trauma." That which most commonly arrests our development is our natural protective response to physical or emotional overwhelm: i.e. the trauma-induction mechanism.

Somatic Psychology and Energy Psychology, Integrative Medicine (2010+): Integrating the principles of both Somatic, or Body-Centered Psychology and Energy Psychology.

The Paradigm Shift: Mindfulness, Memory Mastery and the "Integrative Consciousness Model."

SUPER-CONSCIOUS	UNCONSCIOUS	↳ SUBCONSCIOUS ‹		CONSCIOUS	STATES OF CONSCIOUSNESS
"Soul Intention" SOURCE, SOUL, DIVINE MIND	"Unconscious Intentionality" DELTA	"Subconscious Intentionality" (The Long-Distance Carrier of Intentionality for Memory and Trauma) THETA ALPHA		"Conscious Intention" BETA+	INTENTIONALITY BRAINWAVE STATES
E → Energy/Light	0.01 1 1Hz=Coherence Year 1: Input & Observation	4 (HERTZ BRAINWAVE SCALE) Ages 2-6: Imagination & Real World	7 Ages 6-12: Bridging into Consciousness	14 Ages 12+: Rational/Intellect ...	21 HUMAN AGES: Developmental Stages

Speaking to the Bodymind: Mastering Memory



Integrating Somatic, Energy and Color Psychologies:

The Seven Stages of Development in HMR: (1990-1996)

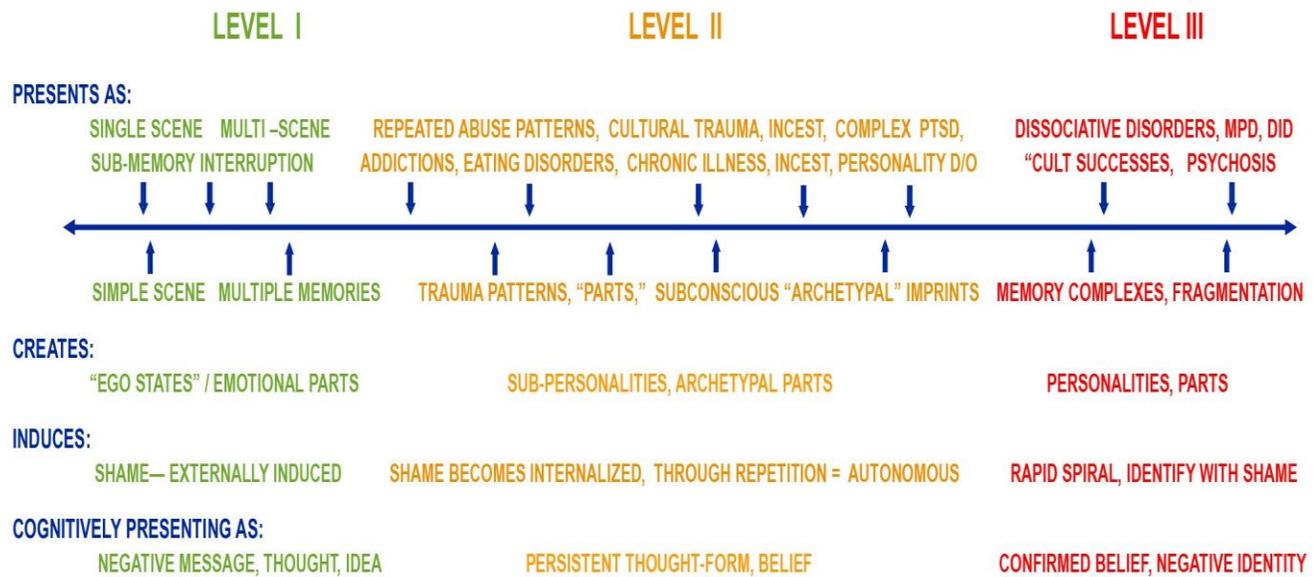
- ✚ The “**When**” -- Pinpointing the T-1 Moment of Encoding: Efficient Targeting and Importance of “**Clean Language**” and Client-Centered Approach
- ✚ The “**How**” – “**Holonomic**” Nature of Memory: Fragment Contains the Whole
- ✚ The “**Where**” -- A. **Somatic Psychology** – 1000 Neurons per Square Inch
B. **Energy Psychology** – Meridians also Store Memory
- ✚ The “**Language**” – **Color Psychology**: Uniqueness of your Brainwave Frequencies
- ✚ The “**Enhancing Safety**” – Optional Access Point via C-7 Energy Application: **Alpha-Theta-Delta**
- ✚ The “**Wisdom**” Emerges – “**Memory-Mapping**” of Complex Pathologies: Patterns

A Trauma Is: A trance, a spontaneous state of self-hypnosis, an altered state which encodes state-bound problems and symptoms (Cheek, 1981). This process is facilitated by the Limbic-Hypothalamic-Pituitary-Adrenal Axis (cf. Diagram of Rossi & Cheek). When the act of perception approaches physical or emotional overwhelm, consciousness itself is paused at a millisecond prior to the most traumatic moment at an instant we now call “T-1” (a term introduced by David Grove); this process is subconscious, automatic, and pre-moral in its occurrence. Psychological shocks and traumatic events are psycho-neuro-physiological dissociations and often result in “traumatic amnesia” or “delayed recall.” This amnesia may be resolved by “inner resynthesis” in hypnotherapy (Erickson, 1948/1980). The emotional charge and accompanying pain of the original trance state is usually released when the scene is affectively reframed and restored to the flow of consciousness.

Interdisciplinary Understanding of Trauma:

Trance State	Altered State of Consciousness
Spontaneous State of Self-Hypnosis	Static or “Frozen” Scene
Hologram	“Holonomic” Encoding in the Physical Body
“T-1” Scene	Psycho-Neuro-Physiological Dissociation
Subconscious and Automatic process	“Pre-Moral” Response to State of Overwhelm
“State-Bound” Memory	Boundary Violation
“Shame” Experience (G. Kaufmann)	Alienation of the self from the self
Fight/Flight/Freeze response	Limbic-Hypothalamic-Pituitary-Adrenal System Response
Outdated “Illusion/Delusion” as Regards Present	An Attachment Created by Pausing Consciousness

The Trauma Spectrum/Continuum:



The Loss of Power, Light, Color, Unity: The Impact of Shame/Dissociation on the Psyche

- ❖ Evolutionary Dissociation: We disassociated (experienced trauma) long before we had the language for morality, both personally & collectively.
- ❖ Gershen Kaufmann: “Shame causes an alienation of the self from the self ... It is the foundation of most emotional and mental illness.”
- ❖ Dissociation necessarily involves the loss of power, focus, light, energy and connection/unity and creates social and spiritual alienation.
- ❖ Shame is a “primary affect” that causes the splitting of consciousness which compromises intimacy, communication, and intentionality.
- ❖ To the degree that we “emotionally reframe” our stress and trauma, we return our focus to present –time living, increasing our capacity for healthy relationships and communication.

The Five Holographic Stages of Esteem/Shame Induction:

1. **Externally Induced:** Must first be introduced from outside the self! Shame/trauma always originate outside the psyche.
2. **Internalized:** Through repetition, the message becomes internalized. Ongoing imprinting results in the maintenance and storage of the trauma content within the system.
3. **Autonomous:** With ongoing reinforcement, the message begins to operate independently, without outside stimulus. The message no longer requires an external trigger to be active.
4. **Identification with the Affect:** With continuous exposure, the individual identifies itself with the affect. The trauma perceptions dominate the psyche leading to a normative perception of shame within the individual.
5. **Spiral:** Given the holonomic nature of memory, the smallest trigger resurrects the whole encoded affect. As the fragment of the hologram provides access to the whole, a resonant ‘trigger’ activates what is already stored in the bodymind.

The Key to Access and Memory Resolution: Body, Energy and Color as Holographic

- ❖ Key: “Every fragment of a hologram contains the whole.” The Hindu Sutras: “Pearls of Indra” with the whole reflected in each pearl.
- ❖ The “Somatic” Hologram: Unlimited storage capacity and location. Any part of the bodymind can be used to contain memory or trauma.
- ❖ Energy Psychology emerges on top when the somatic damage cannot explain the “intact” memory and pain that often remains following trauma.
- ❖ All of our senses function holographically, especially Vision & Color. A “color” from the “corrected image” can, therefore transmit proof of safety.
- ❖ Understanding the nature of the universe to be an “expanding hologram,” the most effective healing languages build upon this primal experience of creation as a billion-degree burst of white light.
- ❖ The “Higher Self” is now identified as the “Holographic Mind” at play within the Holographic Universe.

“The Gift of Color: Mastering Your States of Consciousness”

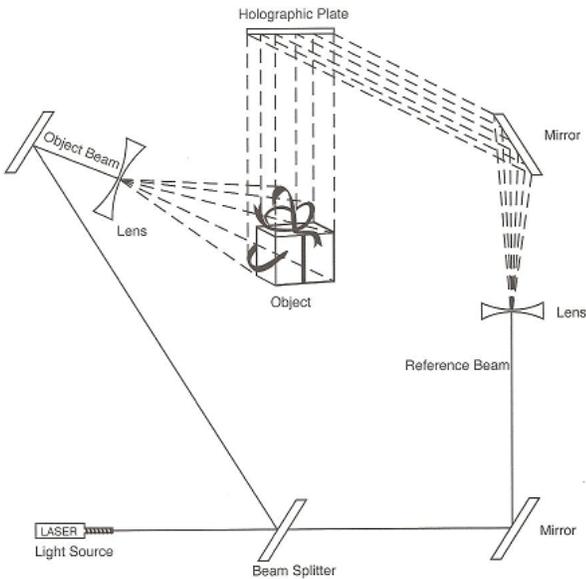
- ❖ Your Colors are Not My Colors: NASA, John C. Stennis Space Center 1984. Research Project with Tom Sever, NASA’s Archaeologist. Thermal, Infrared, Multi-spectral Scanners.
- ❖ You are a 7+ Color Holographic Projection System. Uniqueness and Sophistication of your Internal Projection System: Example – Children Using Red & Black in Art Therapy for Trauma.
- ❖ Trauma Encoding Expressed in Color: The Absence of the Frequencies for Safety & Calm.
- ❖ Goal of Trauma Resolution: Establishing Proof of Safety in the 95% Subconscious Mind.
- ❖ Safety can be established by transmitting the missing frequencies (colors, sounds, vibrations) from the moment of encoding to the various nerve centers that contribute to the imaging process.
- ❖ By demonstrating to the subconscious mind that we can create safety and move this signal through the body – a “corrected” image, safety is established on both somatic and energetic levels. This enables multiple means of transmission: visualization, tapping, breathing, etc.
- ❖ With HMR and emotional reframing, we do not change history; we are transmitting a signal to the 95% subconscious mind to demonstrate that we are no longer in the history.
- ❖ When safety is established at “T-1,” the bodymind releases its attachment to the state-bound or state-dependent memory.

Color/Frequency Values in Reframing

METALLIC WHITES {	*GOLD	DIVINE, CELESTIAL, WHOLE
	*PLATINUM	PRECIOUS, ELEVATED
	*SILVER	SACRED, PROTECTION, MIRROR
	*PEWTER	FORMIDABLE, GROUNDED
	*TITANIUM	SECURE, INVULNERABLE
	*IRON	STRENGTH, DETERMINATION
	*BRONZE	POWER, FORCE, CONTAINMENT
	*COPPER	OPENING, CONDUCTIVE
	WHITE	LIGHT, PURITY, TOTALITY
	VIOLET	INTUITION, VISION, 3RD EYE
	INDIGO	SERENITY, DEEP CALM
	BLUE	FREEDOM, SELF-EXPRESSION
	PINK	FEMININE, EMOT'L SAFETY, OK TO BE A WOMAN
	GREEN	GROWTH, PHYSICAL HEALING, MALE HEART COLOR
YELLOW	RELATIONSHIPS, JOY, HAPPINESS	
ORANGE	CREATIVE, PROCREATIVE, PHYSICAL AFFECTION	
RED	POWER, PASSION, LOVE	
BROWN	SAFETY, SECURITY, GROUNDING	
BLACK	ABSOLUTE, CALM, ELEGANT	

ABOUT COLORS: HMR is not a “color therapy,” but employs the natural, innate language and infinite continuum of colors to transmit to the cells and meridians of the body the specific frequencies that are missing at a moment of traumatic “freezing” at “T-1.” Color speaks to both hemispheres of the brain and forms the foundation for our earliest messages about worth and identity – preceding language in our earliest imprinting. The frequencies generated by each individual are unique to his/her nerve plexes, having been conditioned by our DNA and experiences. Every color can be used positively or negatively. The “color language” that we use is merely an approximation for the infinite continuum of colors and brainwave frequencies that we use to create our experiences. Consciousness is paused automatically and subconsciously when we are overwhelmed, freezing our creative (Quantum) “imaging” and capturing the experience to contain the pain and overwhelm. The frequencies for safety and power are missing (or repressed) at such moments, as reflected in the artwork of the traumatized child – routinely revealing the minimal colors of black and red. By “adding” the missing frequencies at the site of storage, the “flow of white light” is restored, proving that safety can be established and that there is no longer any need to maintain the container or “attachment” to the memory in the form of the holographic metaphor. Discharges of the stored energy from the body are routine at these moments of reframing and can be measured and may be felt by the participant. These are most often felt in the hands, feet, and crown of the head.

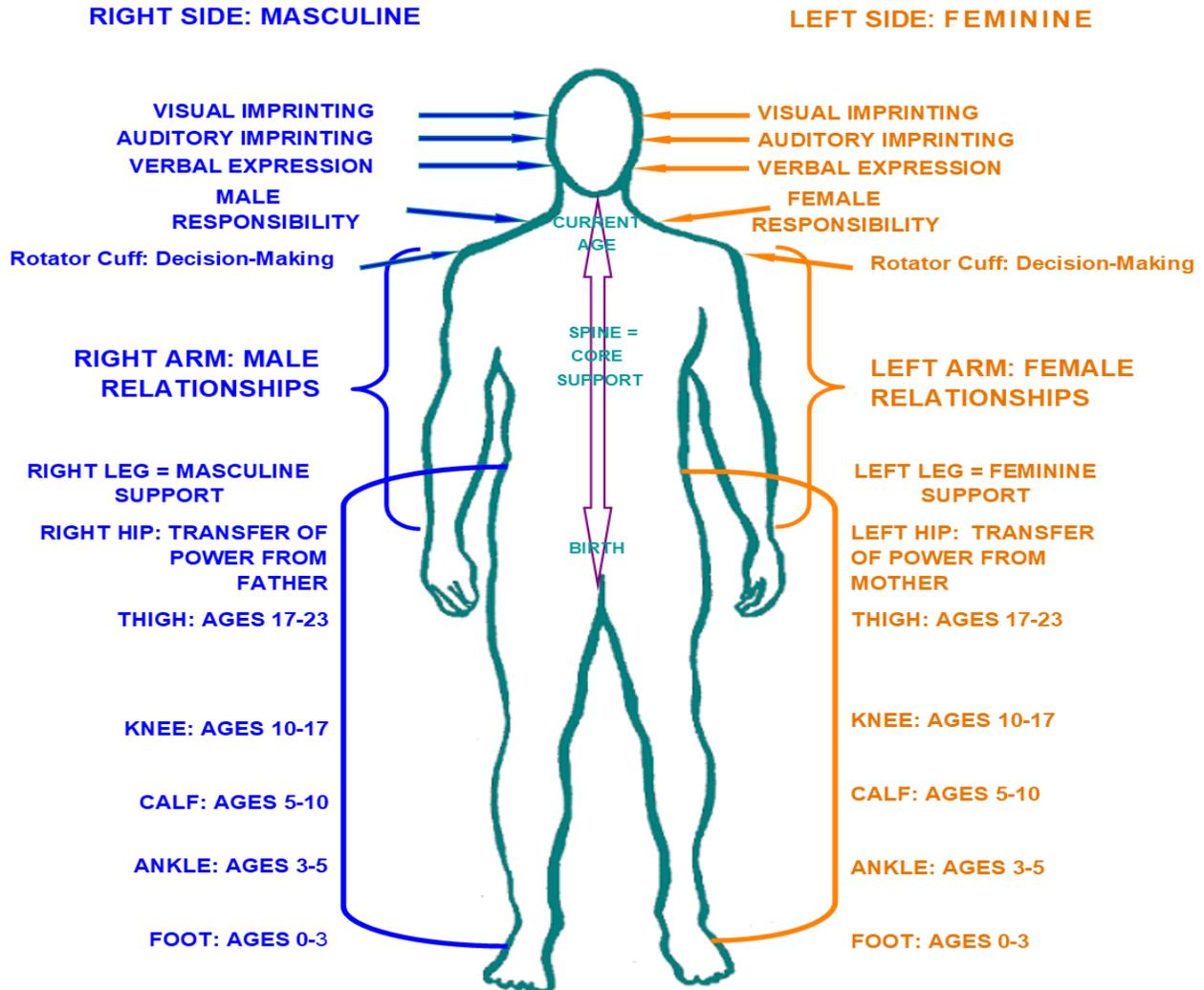
Enhanced Sensory and Holographic Access to Memory at C-7



	PSYCHOSOMATIC NETWORK	FUNCTIONS MODULATED
	1. CEREBRAL CORTEX:	CONSCIOUSNESS
	2. LIMBIC-HYPOTHALAMIC PITUITARY:	STATE-DEPENDENT MEMORY-LEARNING HOMEOSTASIS EMOTIONS
	3. PERIAQUADUCTAL GREY OF BRAIN:	EXPECTATION PAIN
	4. DORSAL HORN OF SPINE:	SENSATION PERCEPTION EMOTIONS
	5. IMMUNE SYSTEM:	PSCHONEURO- IMMUNOLOGY
	6. GASTROINTESTINAL SYSTEM:	DIGESTION METABOLISM EMOTIONS
	7. SEXUAL SYSTEM:	REPRODUCTION EMOTIONS
<p>EXCTRACT FROM <u>MIND-BODY THERAPY</u> BY ERNEST ROSSI AND DAVID CHEEK</p>		

Somatic Cueing:

Memory is stored in both the cells and meridians of the bodymind. Since memory is “holonomic” in nature (Karl Pribram’s term) and can be stored site-specifically, the “locus” of storage carries a value and may suggest the nature or source of the traumatic imprint. Oriental medicine mapped many of these patterns long ago. The diagrams which follow are the result of observing the site-specificity of over 100,000 memories. Studies in neurology indicate the relative right and left brain functions and their respective influences on the right and left sides of the body. From my own work with over 30,000 trauma survivors, I have also noticed repetitive patterns over two discernable “heart meridians” which reflect “relationship history.” I have included this diagram as well. Note, however, that there are exceptions to all of these probabilities, and they are not to be taken as absolute. A dominant, more aggressive mom, for instance, might appear on the right side of the body and heart, following the more masculine aggressive line traditionally assigned to the male.



The Psychosomatic Network

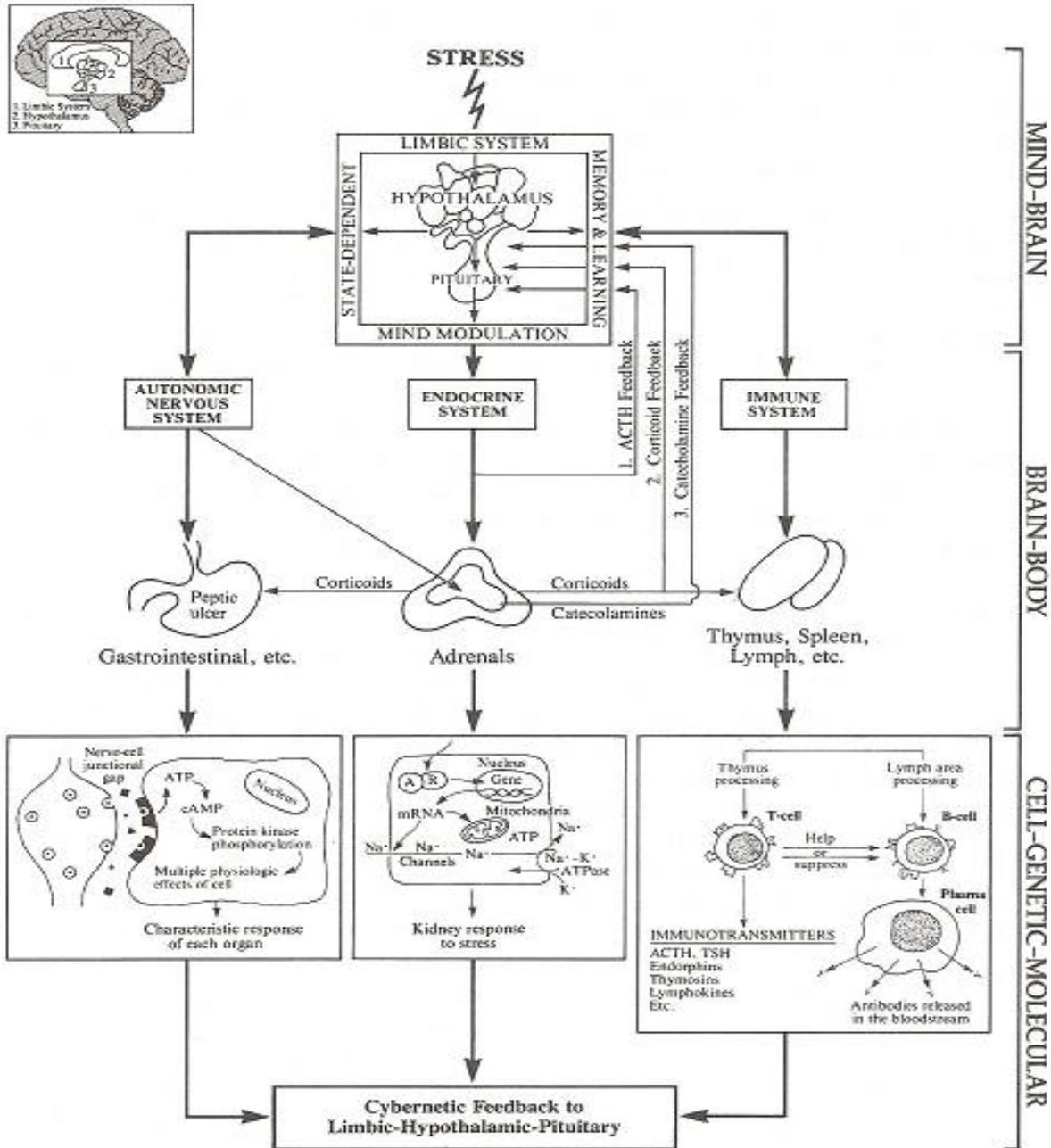


Diagram used by permission from: Mind-Body Therapy by E. Rossi & David Cheek

Overview of Level 1 and 2 Interventions:

Level 1 Verbal Interventions: (For a single T-1 event/moment of encoding)

Important: Clean Language, Voice Modulation, Accurate Mirroring, and Recapitulation (bridging mechanism)

Metaphor Definition Stage: Somatic Tracking

“Inside/Outside, Shape, Size, Color, Weight, Temperature, Texture ... Anything else?”

Age Regression Questioning:

“How young might you be when you first feel a?”

“Can you see where you might be when you first feel a ?”

“What happens next?” (Continue this questioning until the peak feeling moment: “T-1” is reached.

T-1 is the specific moment of encoding, as identified by David Grove.)

Solution: “If the adult you could go back and change this scene ... what would you like to change/see happen?”

Enacting the Solution: “Take all the time that you need to picture this...”

Reframe and Anchoring: “When you have the picture the way you want it, frame it in the material, color or colors that come to you ... Can you see what color(s) the frame is?”

“Move the colors through your body, especially through your ... where you first felt the (metaphor) pain/sensation.”

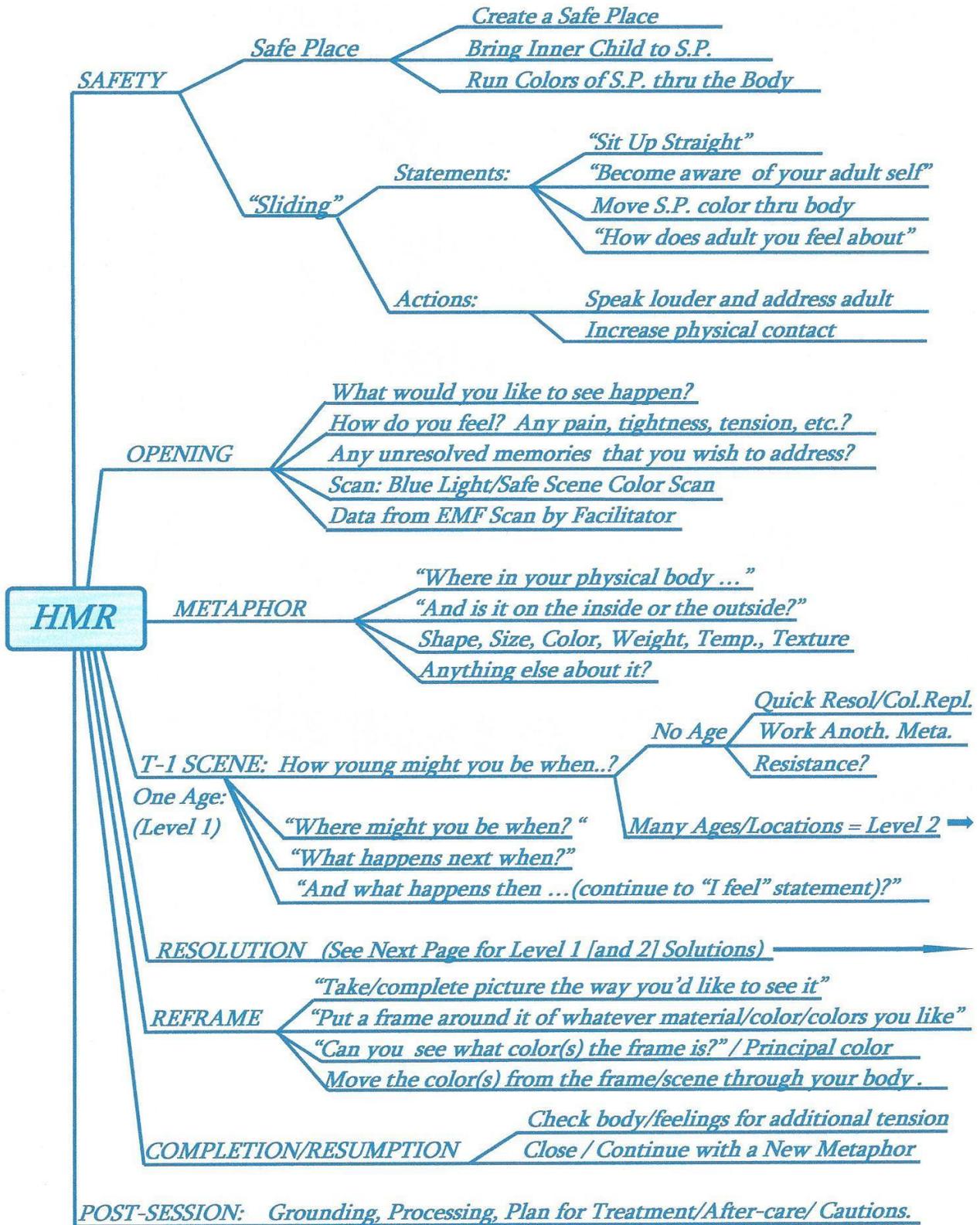
Level 2 Verbal Interventions: (For a repetitive pattern of trauma/abuse)

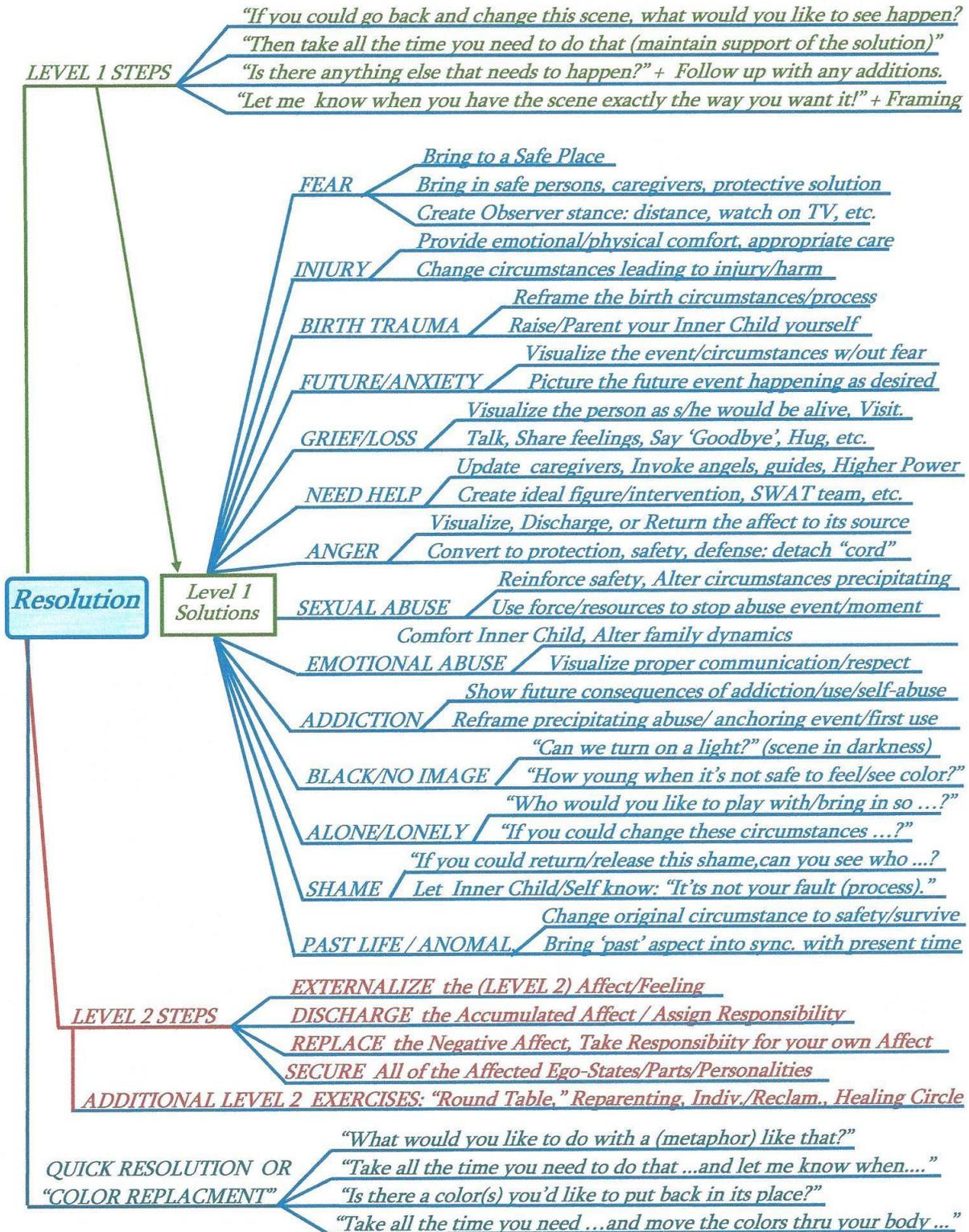
(Note: At the Age Regression question above, the answer that indicates “Level 2” is: “Always, many ages, whole childhood, etc.”)

The Key Stages of Level 2 Interventions Are:

- Externalize the Affect
- Disperse to Causes/Sources/Perpetrators
- Observe Reduction in Size of Affect/Content – More Manageable
- Create Safety for Related Ego-States/Sub-personalities
- Move Replacement, Solution Colors through the Body.

Other Level 2 exercises that were developed and integrated into HMR include: Medicine Wheel, Healing Circle, Re-parenting Exercise, the Conference Room or Round Table (for addressing multiple parts/relationships that occur during reframing), and Integration Exercise.





Trauma and Disease: The Impact of Stress and Trauma on the Immune System

1. Here we examine the profound influence that the emotional overwhelm of trauma imposes on the bodymind. The bodymind was not “designed” to trance so frequently or move in and out of the “fight, flight, freeze” response so often. Though the system inherently protects us, it does so at a cost to the immune system.
2. With the triggering of a traumatic memory, adrenaline levels rise to respond to the crisis, and Thymus-Cell (T-Cell) production decreases to compensate. Prolonged exposure to these immune-repressant triggers/memories increases the likelihood of disease/illness.
3. Treating Symptoms or Cause: “Tolle causam” (One of the Ten Naturopathic Principles whose meaning is: “Treat the cause, not just the symptoms.) With the new options offered by HMR, we now have the capacity to allow the bodymind to map for us the distortions in the nerve plexes that lead to illness and pain.
4. “HMR Memory Mapping©” – With the observation of over 16,000 trauma survivors comes the realization that the bodymind holds the wisdom necessary to map and resolve memory-based pathology that has not already advanced to a level beyond repair. With the cell replication of the trauma site/imprint every 7-year cycle, the distortions in the cells and fields of the body give rise to proportionate pathology over time. There are specific correlations between the sites of encoding and illness/syndromes. Refer to the “Somatic Cueing” diagram above.
5. Timely reframing of traumatic memory can prevent the amplification of the distortions in the cells and fields of the body and even reverse the pathology. The need for allopathic medical intervention remains where the damage to the system has already occurred on the biological level.
6. Much that we assume to be ‘physiological damage’ is, in fact, the by-product of the physiology of the encoded ‘trance’ or memory. The reframe of the precipitating events can allow one to determine how much of the pain/pathology is able to be resolved through memory resolution and what percentage of pathology or pain is now anchored in the physical body and beyond the impact of reframing.
7. Routinely, much that is labeled “migraine, chronic pain, whiplash, PMS, anxiety attacks, etc.” is the result of the un-reframed physiology of a memory or traumatic event, and should not be ‘assumed’ to be purely physiological or permanent in nature until reframing has occurred.
8. There is a logic and method of mapping and recording all memory sequences in the bodymind to view the etiology of an illness or pain sequence. Our goal is to demonstrate this wisdom over the next decade.

Synthesis: New Directions in Body-Centered, Client-Centered Therapy

Redefining the Psychopathology Model and Treatment Protocol and Design: Treating 'Cause' not only symptoms.

Primacy of the Mind over the Body

Lessons of Quantum Physics: Mind Creates the Body

Learning to Respect "Unconscious Intentionality" – Cf. Gary Zukav, *The Seat of the Soul*

Candace Pert: Body = Subconscious Mind

Impact of Memory/Trauma on Health

Resolving Trauma: Boosting the Immune System

HMR Memory-Mapping: Tracking the Logic of Illness and Immune System Repression Case Reviews:

Migraines (First Case Integrating Verbal & Energy)

Cancer Patient (1st Mapping); Chronic Pain Patient (Car Accident/Nerve Damage)

Focus on "De-Hypnosis" from the Moment of Encoding

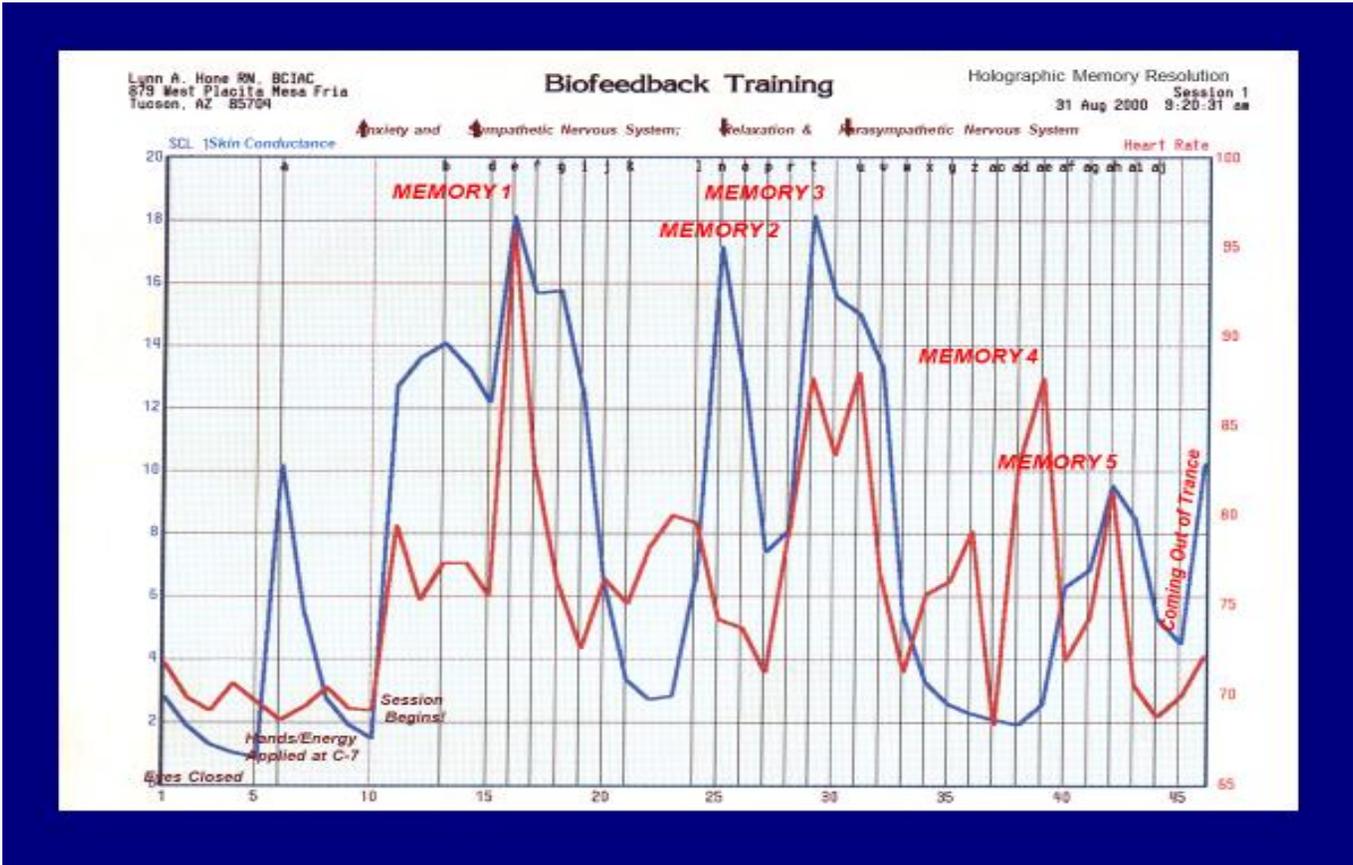
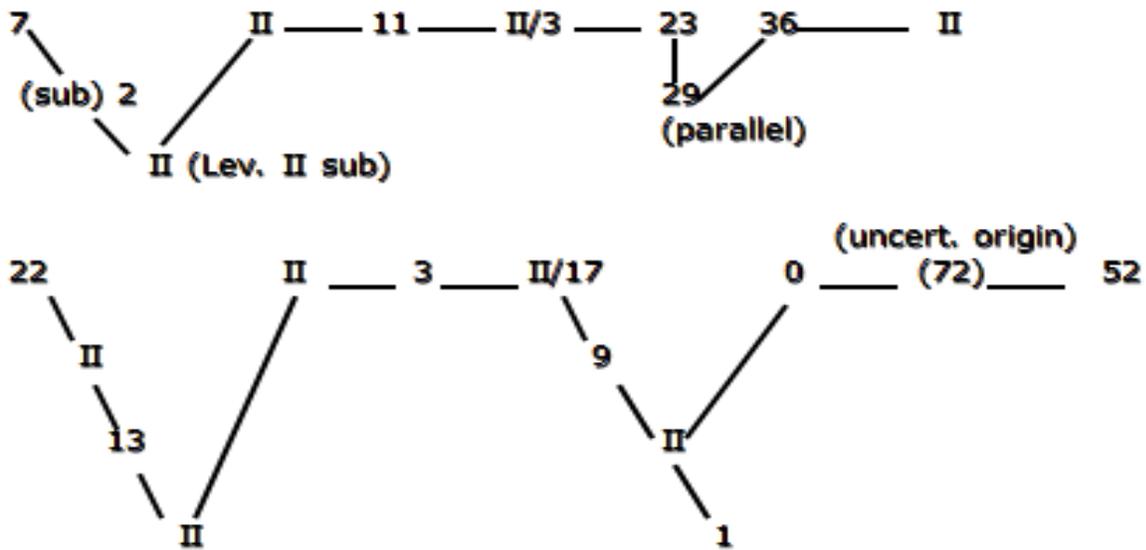
An Advanced, Non-Intrusive, Non-Leading form of "Trance" Work

Treating Diverse Populations: Case Studies and Examples

- Migraines, Chronic Pain, PMS
- Sexual Trauma, Physical Abuse & Post-Traumatic Stress Disorder
- Addictions, Eating Disorders
- Children and Adolescents (Adaptations: Frequently Unnecessary to Access T-1)
- Diseases: Autoimmune Disorders, Illnesses, etc.
- Anxiety Disorders and Depression
- Dissociative Disorders: DID/MPD

Demonstration. Applications. Research – Mapping Pathology.

Recording Memory Sequences



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Contact Information:

Contact Info: You may contact Brent at 520-977-3884 (Cell: phone or text) or E-mail him at: abunah@comcast.net.
Intensive personal therapy employing HMR is available in Tucson upon request.

Visit our websites: healingdimensions.com, hmrtraining.com, michaelsgift.org or miravalresorts.com (near Tucson) at (800) 825-4000.

For HMR training information (open to professionals and non-professionals), visit our website: www.hmrtraining.com. Training is available through online recorded trainings or via Zoom live trainings and, limitedly “In-Person” as covid subsides and scheduling allows.

Visit our 2022 Schedule on the website.

Online Pre-Recorded Training: (Exam at the end of the videos)

Level 1: 7 videos (12 CE hours)

Level 2: 5 videos (12 CE hours)

Level 3: 14 videos (24 CE hours)

National Coordinator: Denise Gastellum at 847-372-8894
Email: denise.healingdimensions@gmail.com

CEUs/Continuing Education Units: : HMR is approved for Continuing Education by NAADAC (NAADAC Provider #161015), which also includes NASW and NBCC approval for CE hours. ACEP Members receive a 20% discount off all training workshops.

Level 1: 12 CE hours

Level 2: 12 CE hours

Level 3: 24 CE hours

Research: Articles are available on the Healing Dimensions website as well as the 501(c)3 charity website: www.michaelsgift.com. Non-profit donations can be made via the website.

Internet Videos: Five “YouTube” Video Links are available on the website at www.healingdimensions.com or directly through YouTube:

“Migraine Ease”: <https://youtu.be/Uq8bniTqulws> (24 min).

“Seven Breakthroughs Regarding Memory-Based Pain”:
www.youtube.com/watch?v=GJa922OcDNY (20 minutes)

“Introduction to HMR”: www.youtube.com/watch?v=9hgWJcw31Eq (34 min.)

Two Podcasts from the Theosophical Society: (1.5 hours each)

www.youtube.com/watch?v=Gw51ZJKUoLs (2017) and also:

www.youtube.com/watch?v=VYvMZEJMEsY (2019).