



## Eleventh Annual Energy Psychology Research Symposium

Thursday, May 12, 2022

8:30am – 9:00am	“Effects of the Inner Counselor Process on State and Trait Anxiety: A Pilot Study,” by Sandra Alexander, PhD.
9:00 – 9:30am	“Using Advanced Integrative Therapy with Complex PTSD: A Case Report,” by Tabatha Bird Weaver, MA.
9:30am – 10:00am	“A Cross-sectional Survey of Therapists to Assess Perceived Effectiveness of Advanced Integrative Therapy Interventions: A Pilot Study,” by Greg Brown, MD.
10:00am – 10:30am	“A Meta-Analysis of Randomized and Non-Randomized Trials of Thought Field Therapy (TFT) for the Treatment of Posttraumatic Stress Disorder (PTSD) and Stress,” by Jenny Edwards, PhD and Michelle Vanchu-Orosco, PhD.
10:30am – 10:45am	Morning Break
10:45am – 11:15am	“The Effects of a Thought Field Therapy Stress Reduction Protocol on the Stress and Empathy Levels of Parents of Children with Autism Spectrum Disorder: A Randomized Controlled Study,” by Hadas Keppel, PhD.
11:15am – 11:45am	“Mystical Experience with Non-Medicinal Embodied Therapy and Integration System for Mental Well-Being,” by Bruce Wayne Meleski, PhD.
11:45am – 12:15pm	“The Efficacy of Thought Field Therapy and Its Impact on Heart Rate Variability in Student Counseling: A Randomized Controlled Trial,” by Ayame Morikawa, PhD, Misako Takayama, MA and Eri Yoshizawa, MA.
12:15pm – 1:30pm	LUNCH
1:30pm – 2:30pm	Keynote Presentation: “Research Matters: Seven Steps To Creating High Quality Studies,” by Suzanne Connolly, LCSW.
2:30pm – 3:00pm	“What happens in the Amygdala While We Tap? – the German fMRI studies,” by Antonia Pfeiffer, MD.
3:00pm – 3:15pm	BREAK
3:15pm – 3:45pm	“Is Reiki More Effective Than Placebo? A Systematic Review,” by Sonia Zadro, PhD.
3:45pm – 4:15pm	“Emotional Freedom Techniques for Chronic Pain: An Investigation of Self-Paced vs. Live Delivery (including fMRI),” by Peta Stapleton, PhD.