



The Art & Science of Transformational Change

June 1-5, 2023 | Baltimore, MD
Hyatt Regency Inner Harbor

“This is by far the best professional conference I’ve ever attended. I feel like I’ve come home.”

— Melinda Moats,
MEd, LMHC

25th INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

Onsite Conference Schedule

Pre-Conference

Thursday, June 1 [View details](#)

8:30AM - 4:15PM	Pre-conference intensives <i>(additional fee)</i>
8:30AM - 4:15PM	Research Symposium <i>(free with conference registration)</i>
Keynotes	Are Emotional Freedom Techniques (EFT) Evidence Based? The American Psychological Association Report <i>Peta Stapleton</i>
5:15PM - 7:30PM	Calm Down – Power Up: Embodied Energy Practices for Practitioners & Clients <i>Roger Jahnke</i>
7:30PM	Dinner on your own

Post-Conference

Monday, June 5 [View details](#)

9:00AM - 5:00PM	Post-conference intensives <i>(additional fee)</i>
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Friday, June 2 [View details](#) Early morning energizers and full breakfast included (with gluten-free options).

6:30AM - 7:15AM	Morning energizers
8:00AM - 8:30AM	Opening ceremonies
Keynote	
8:30AM - 10:00AM	Mind-Body Approaches for Healing Traumatic Attachment <i>Janina Fisher</i>
10:45AM - 12:45PM	Learning Labs & Demonstrations A <small>(see grid below)</small>
12:45PM - 2:45PM	Complimentary lunch / Annual meeting / Break
Invited Presentations (Your Choice)	
2:45PM - 3:45PM	The Journey of Forgiveness: Destination Peace <i>Azim Khamisa</i> ACEP's First President Reflects on Its Origins & Future <i>David Gruder</i>
3:55PM - 4:20PM	Movement break
Keynotes	
4:30PM - 6:45PM	Music as Medicine: The Healing Art of Advocacy in an Ever-Transforming World <i>Amykaela Gaston</i> Has the Paradigm Shifted Yet? <i>Dean Radin</i>
6:45PM	Dinner on your own

Learning Labs A 10:45AM - 12:45PM

Track 1 Fundamentals of EP	Orientation to the Meridians <i>Michael Galvin</i>
Track 2 Specific Populations	Create Stable Boundaries and Prevent Burnout <i>Judith Swack</i>
Track 3 Specific Approaches	Empowering Client Self Regulation, Self Responsibility, and Self-Treatment with Heart Assisted Therapy <i>Kathy Milano</i>
Track 4 Energy Healing Methods	Quantum Charts: Intuitive Tool That Synchronizes Our Systems, Harmonizing Your True Self <i>Maria Limardo</i>
Track 5 The Many Faces of Trauma & Violence	Using Energy Psychology to Address Attachment Issues from a Trauma-Informed Perspective <i>Rachel Michaelsen</i>
Track 6 Practices for Higher Consciousness	Psychoenergetic Science: Tools for Transformation <i>Debra Greene</i>
Track 7 Strengthening Resilience & Improving Performance	Using Energy Psychology in Groups for Enhanced Outcomes <i>Betsy Muller</i>
Track 8 The Science of Therapeutic Change	Using EFT for Successful Weight Loss <i>Peta Stapleton, Carol Look</i>
Track 9 Demonstrations (D) / Quantum Talks (QT)	Live TFT Demonstration (D) <i>Suzanne Connolly</i> Experience Ask & Receive (D) <i>Thomas Altaffer</i>



Saturday, June 3 [View details](#) Early morning energizers and full breakfast included (with gluten-free options).

6:30AM - 7:15AM	Morning energizers
8:00AM - 8:30AM	Opening
Keynotes	The Energetics of Thought & Touch <i>James Oschman</i>
8:30AM - 10:30AM	The Science & Practice of Sound Healing <i>Johnathan Goldman</i>
11:15AM - 1:15PM	Learning Labs & Quantum Talks B <i>(see grid below)</i>
1:15PM - 2:30PM	Lunch on your own Committee meetings
2:30PM - 4:30PM	Learning Labs & Demonstrations C <i>(see grid below)</i>
4:40PM - 5:05PM	Movement break
Invited Presentations (Your Choice)	If You Meet the Toolbox on the Road, Kill It! Accessing Wisdom <i>Fred Gallo</i>
5:15PM - 6:15PM	Energy Psychology Can Treat Disease <i>Asha Clinton</i>
7:00PM - 11:30PM	Gala Dinner, Awards Ceremony & Dance Party

Learning Labs B 11:15AM - 1:15PM

Learning Labs C 2:30PM - 4:30PM

Track 1 Fundamentals of EP	Emotional Freedom Techniques (EFT): From Self-Help to Powerful Clinical Tool <i>George Limberakis</i>	Demystifying The Biofield <i>Sarette Zecharia</i>
Track 2 Specific Populations	Using Energy Psychology Techniques to Build Emotional Resilience in Children & Youth <i>Jan Yordy</i>	Outgrow Your Comfort: Combat Your Fears & Live in Fulfillment <i>Tameika Lawrence</i>
Track 3 Specific Approaches	Strong in Spirit: A Deep Dive into the Process of Forgiving Others & Self <i>Azim Khamisa</i>	Using EFT to Treat Addiction & Co-Occurring Mental Disorders <i>Adriana Popescu</i>
Track 4 Energy Healing Methods	Essentials of Pranic Healing: A Bioenergy Modality <i>Glen Mendoza, Sanjay Swarup</i>	Releasing Emotional Shock for Deeper Healing: An Energy Medicine Approach <i>Michelle Earnest</i>
Track 5 The Many Faces of Trauma & Violence	Best Practices in Disaster Mental Health: Connecting & Sharing Energy Psychology Practices <i>Coralee Pringle-Nelson, Rachel Michaelsen</i>	Mastering the Traumagram <i>Jane McCampbell Stuart</i>
Track 6 Practices for Higher Consciousness	The Wholeness Process: A New Form of Meditation That Resolves Life Issues <i>Michael DeMolina</i>	Some Simple Blue Diamond Techniques for You to Use <i>Phil Mollon</i>
Track 7 Strengthening Resilience & Improving Performance	Breakthrough Map & Codes: Get Clients Unstuck, Motivated & into Action <i>Margaret Lynch Raniere</i>	Create the Mindset for Mental Health Resilience in Athletes <i>Amanda Freger</i>
Track 8 The Science of Therapeutic Change	Reclaiming Power After Sexual Trauma <i>Helen Hudson</i>	Climate Change Anxiety & PTSD: Strategies to Create Interconnectedness With the Planet <i>Susan Kane-Ronning</i>
Track 9 Demonstrations (D) / Quantum Talks (QT)	Hidden Keys to Energy Psychology, Healing & Inner Peace (QT), <i>Larry Stoler</i> Wisdom Awareness: Consciousness & the Energy Pathways of the Healing Journey (QT), <i>B. Raven Lee</i>	The Future of Energy Psychology for First Responders in Mass Casualty Events (QT), <i>Mark Lomax</i> Behind the Art of Sound: Crystal Singing Bowls & Mantra (QT), <i>Charleene Closshey</i>
		CEP: Energy Psychology's Best Kept Secret (D) <i>Sarette Zecharia</i> Integrating EFT & Ericksonian Hypnosis for Treating Trauma <i>Robert Schwarz</i>

Sunday, June 4 [View details](#) Early morning energizers and full breakfast included (with gluten-free options).

6:30AM - 7:15AM	Morning energizers
8:00AM - 10:00AM	Learning Labs & Demonstrations D (see grid below)
10:30AM - 12:30PM	Learning Labs & Quantum Talks E (see grid below)
12:30PM - 1:45PM	Lunch on your own
Keynote	
1:45PM - 3:30PM	Uses of Energy Psychology Following Catastrophic Events <i>David Feinstein</i>
3:30PM - 4:00PM	Closing ceremony

	Learning Labs D 8:00AM - 10:00AM	Learning Labs E 10:30AM - 12:30PM
Track 1 Fundamentals of EP	No session	Psychological Reversals: Removing Unconscious Blocks to Healing <i>Lynn Mary Karjala</i>
Track 2 Specific Populations	Autonomic State as a Foundation for Trauma Restoration & Growth <i>Shelly Melroe</i>	An Energy Psychology Approach to Treating Racial Trauma <i>Shawn Blue</i>
Track 3 Specific Approaches	Transforming Trauma with Acu-vibrational Tuning Fork Technique <i>Nora Nalinci</i>	Inner Awareness Method: Compassionate Embracing of the Human Experience <i>Teresa Lynch</i>
Track 4 Energy Healing Methods	An Artist Reborn: An Inspirational Case of Complex-PTSD Resolution <i>Yuliya Cohen</i>	Infinite Intention Technique: Connecting, Directing & Transforming Energy <i>Alice Lee</i>
Track 5 The Many Faces of Trauma & Violence	Connection Between the Vagus Nerve & Chakras in Trauma & Attachment Processing <i>Cheryl Llewelyn</i>	Clearing 14 Generations of Epigenetic Ancestral Limitations <i>Jennifer Closshey</i>
Track 6 Practices for Higher Consciousness	Energy Psychology Meets Psychedelic-Assisted Therapy: An Opportunity for Synergy <i>Kate Hawke</i>	Enhancing Intuition & Consciousness via Contemplative Psychology Poetry Practice <i>Elizabeth Rovere</i>
Track 7 Strengthening Resilience & Improving Performance	If I Create My Own Reality Then Why Are YOU Still Here? <i>Mary Sise</i>	From Gyroscopes & Tuning Forks to Gaia & Covid: Energy is the Key <i>Rick Leskowitz</i>
Track 8 The Science of Therapeutic Change	The Process of Change: Leaving Fundamental Religions and Insular Communities <i>Chani Getter</i>	Heartbreak is Real. Can Integrated Energy Psychology Interventions Help? <i>Shoshana Garfield, Kathryn Munden</i>
Track 9 Demonstrations (D) / Quantum Talks (QT)	The HBLU Approach to Clearing Seduction Patterns (D) <i>Judith Swack</i> Using AIT for Treating an Autoimmune Disorder (D) <i>Asha Clinton</i>	Success Is No Accident (QT), Carol Look The Missing Link: Using Energy Psychology in Phase 3 of Trauma Treatment (QT), Robert Schwarz Post-Covid, Urgent Opportunities for Energy Psychology in Children's Education (QT), Jondi Whitis Embedding Resources for Resilience in Communities (QT), Rachel Michaelsen, Coralee Pringle-Nelson