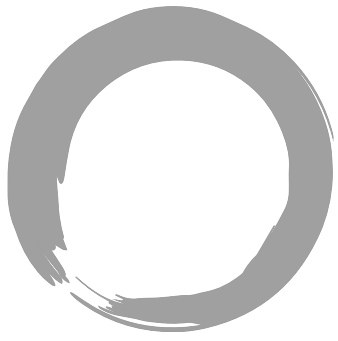


Onsite Only



The Art & Science of Transformational Change

May 30 – June 3, 2024 | Litchfield, AZ
(Phoenix) | The Wigwam Resort

“I wouldn’t even call it a conference. It’s an enlivening, soul-enriching, mind-exploding experience. Every. Single. Year.”
— Gail Gillespie, PhD

26TH INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

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Get breakthrough results with less effort. Join your holistic community, get inspired and learn new skills.

Inspiring keynotes include:

David Grand, PhD • Judith Orloff, MD • Stephen Porges, PhD
Arielle Schwartz, PhD • Master Mingtong Gu

400+ professionals attend every year.

Do you want your clients to heal faster and deeper with less stress?

We'll help you learn mind-body methods that can rapidly heal trauma, reduce anxiety, enhance performance and more. We've trained over 16,000 professionals just like you.

"Clients are delighted with the results of energy psychology. They see that they can actually change things within themselves instead of just dissecting them, which is so common in conventional approaches. They may have been able to cope better as a result of conventional methods, but they didn't experience the deep, transformational change that comes from energy psychology work. They often feel a profound sense of wholeness and well being they have never felt before." - Heather LaChance, PhD, DCEP



The # 1 reaction to attending for the first time is,
"I'm home. I've found my community."

Are You New to Energy Psychology?

We've created a series of Learning Labs called EP Fundamentals (track 1) just for you! These five, 2-hour learning labs, taught by leaders in the field, will give you a great foundation in energy psychology science, research and multiple techniques. You'll be able to begin using energy psychology with your clients immediately!

Are You an Experienced Holistic Practitioner?

After 25 years the verdict is in. This conference is one of the best for:

- An alchemical blend of keynotes and invited presentations
- Providing intensives to deepen your skills
- Curating a diverse group of learning labs to keep you up to date
- Renewing your passion for your healing work
- A nurturing community that gives you strength and joy

Get Nourished on All Levels

Learning happens best when you're fully engaged in body, mind and spirit.

- Music that stirs your soul
- Experiential learning
- Morning energizers
- Afternoon movement breaks
- Inspiring, heartfelt presenters
- Dancing
- And more

We can't wait to welcome you to the beautiful Wigwam Resort! Your desert oasis awaits.

Surrounded by the stunning Sonoran Desert landscape just outside of Phoenix, AZ, this iconic resort offers a thoughtfully curated selection of luxury casitas and suites, along with an array of recreational amenities, award-winning restaurants, and more. After a century of service, come experience an essential part of Arizona's rich history at The Wigwam.

Get the amazing room rate of only \$189/night.
Get details at EnergyPsychologyConference.com



Customize Your Learning

35 Learning Labs in 7 Tracks

- 1 Fundamentals of Energy Psychology
- 2 Specific Approaches & Populations
- 3 The Many Faces of Trauma & Violence
- 4 Flow, Resilience & Performance
- 5 The Science of Therapeutic Change
- 6 New! Transformative Journeys
This new track focuses on your personal growth, and is experiential.
- 7 Potpourri

We welcome all helping professionals interested in integrative, mind-body approaches, including:

- Licensed mental health professionals
- Nurses
- Physicians
- Coaches
- Energy healing practitioners
- Chiropractors
- Acupuncturists
- Educators
- Clergy
- Allied health professionals

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Up to 23 CE for
psychologists

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“All the leaders of the field are here—and they’re accessible!”

“The founders of healing modalities are at this conference. They’re accessible, and they’re friendly. It’s amazing to engage in conversations with them.” – Shoshana Garfield, PhD

Keynotes View objectives at energypsychologyconference.com.

Thursday, May 30

5:15pm - 7:00pm



Brainspotting: A Neuroexperiential Model for Healing

Brainspotting uses eye positions to release core neurophysiological

sources of emotional/somatic pain, trauma, dissociation and more. Explore how Brainspotting works and how it differs from other trauma processing therapies. Discover how to integrate Brainspotting into ongoing treatment.

David Grand, PhD, is the developer of Brainspotting, and author of *Brainspotting: The Revolutionary New Therapy for Rapid and Effective Change*. He trains internationally and has been widely featured in a variety of national media.

Program is subject to change. See energypsychologyconference.com for updates.

Friday, May 31

8:00am - 10:00am



Polyvagal Theory: Harnessing the Healing Power of Safety Signals

Discover how experiences of abuse and trauma may retune our nervous system to respond to friends, caregivers, and teachers as if they were enemies. Learn how signals of safety reverse these challenges.

Stephen Porges, PhD, is a Distinguished University Scientist at Indiana University. He has published 400+ papers and created Polyvagal Theory. Stephen is co-author of *Our Polyvagal World: How Safety and Danger Change Us*.

4:45PM - 6:30PM



Embracing the Healing Power of Empathy

Explore empathy's transformative potential in healing, intuition, and relationships. Learn empathic listening basics plus how to overcome overthinking and establish healthy boundaries.

Judith Orloff, MD, is a bestselling author of *The Genius of Empathy*. A UCLA psychiatric clinical faculty member, she blends conventional medicine with knowledge of intuition, empathy, and energy medicine.



Energy psychology blew me away

“I was trained at some of the best schools and yet wasn’t able to get far with some people, particularly those with trauma and addictions. And then I started using energy psychology. I made more progress with patients in a session or two than I had in several years of treating them. It blew me away.” – Anthony Tranguch, MD, PhD

Keynotes (Continued)

Sat., June 1 **8:00am - 10:00am**



Thriving Beyond Adversity: Unveiling the Path to Resilience & Post-Traumatic Growth

Resilience is developed through thoughts and behaviors that help us adapt well in the face of adversity. Discover preventive and therapeutic interventions that enhance physiological and psychological factors supporting resilience.

Arielle Schwartz, PhD, CCTP-II, is a licensed clinical psychologist, certified complex trauma professional and EMDR consultant. She speaks internationally, is a leading voice in the field of trauma recovery and is author of seven books.

Sun., June 2 **2:00pm - 3:45pm**



Healing & Spiritual Awakening as One Path

Dive into Wisdom Healing Qigong, a practice uniting mind, body, and heart. Learn the transformative power of using your voice for sound healing to shift emotions and awaken your essence.

Master Mingtong Gu brings ancient wisdom to the West for better health and happiness. Named Qigong Master of the Year by the 13th World Congress for Qigong and Traditional Chinese Medicine, he is founder of The Center for Wisdom Healing Qigong.

Invited Presenters

Fri., May 31 **2:45pm - 3:45pm**



Elemental Insights: Elevate Client Experiences with the Five Elements in Energy Psychology

Knowing the elemental type of your clients provides a deep understanding of their fears and desires. This can

help you understand why they react to certain situations, so you can tailor your approach to align with their motivations and needs.

Dondi Dahlin is an award-winning author of *The Five Elements*, based on the world's oldest personality types. She co-wrote *The Little Book of Energy Medicine* with her mother Donna Eden. Her dynamic energy has graced stages in 30+ countries.



Navigating New Frontiers: Ketamine Assisted Psychotherapy & the Fusion with Energy Psychology

Kerri offers the latest scientific insights on the expanding use of ketamine for mental health conditions, sharing her firsthand experiences in treating resistant conditions and healthcare worker burnout. Discover how she integrates energy practices into this work.

Kerri Husman, MD, is an integrative psychiatrist, holistic healing professional and co-owner of Eastwind Healing Center. She is certified and trained in a variety of energy psychology methods, as well as ketamine administration and psychedelic-assisted psychotherapy.

Sat., June 1 **5:00pm - 6:00pm**



Shift the Mind & Body with the Archetypes of Sound™

Explore the science of sound therapy with the Archetypes of Sound™, a new system based on Jungian archetypes and the 12 classical intervals heard in Western music.

Experience the mood-shifting effects of these archetypal patterns. Discover how to implement sonic archetypes into your practice.

Multi-instrumentalist musician, composer, Broadway actor, and frequency researcher **Charleene Closshey** pioneers new perspectives on composing with her Archetypes of Sound™. A Billboard Top 40 radio artist, Charleene's award winning music was lauded to "break the mold" and was blessed by the Pope.



5 Strategies for Running a Safe, Ethical, & Vibrant Practice

Ian will present important legal and ethical material that will relieve legal anxiety, empower you to take action, and help you build a visible and vibrant practice that makes a difference in your clients' lives.

Ian Foster, JD, has 23 years' experience as an attorney, including many years inside government and in private practice. He now pioneers the legal specialty of helping heart-centered entrepreneurs serve the world with confidence by being in alignment with the law.

One of the best conferences

"It's one of the best conferences of its type that you will ever attend anywhere. The things I get exposed to and learn, and the sense of community, it's uplifting, every single year." – Alfred Heath, MA, LPC



Deepen your experience, achieve greater mastery ...

Attend a pre- or post-conference intensive

View presenter bios at
energypsychologyconference.com.

Pre-Conference Intensives

Thursday, May 30 **8:30am - 4:15pm**

Finding Forgiveness, Accessing Your Power & Unleashing Your Voice, Even After Adversity

Amikaeyla Gaston

How can you shed ancient wounds and find the power to be your truest, fiercest self while crafting a joyful, purpose-filled life? Using the HeartVoice Method, experience forgiveness, deep connection and transformative practices that show the way.

Cultivating Resilience: Equip Your Clients to Thrive Amidst Unprecedented Societal Challenges

David Gruder, PhD, DCEP

Our clients are experiencing record-high levels of sustained stress. Explore this unique way to master a practical, integrative framework that can help your clients more effectively deal with societal stress.

From Fight/Flight to Flowering: Nurturing Resilience

Maria Limardo, PhD, Robin Masiewicz, Kristin Miller, PhD, DCEP, Amy Frost, MBA, MA

Energy psychology has pioneered the use of mind-body tools that are as effective in times of trauma as for wellbeing. Discover how to build wellness and resilience into community outreach programs.

Harmonizing Healing: Trauma Processing & Attachment Repair Using the Vagus Nerve & Chakras

Cheryl Llewelyn, MEd, LPC

Discover how the vagus nerve aligns with the chakras to communicate messages of safety or distress. Develop deeper awareness of what your client's body is communicating so you can help them clear traumatic responses.

Find & Eliminate Hidden Patterns of Suffering

Judith Swack, PhD

Understand why patterns of suffering can remain hidden, learn effective methods to uncover them, and discover how to help your clients clear them.

Embodiment: Achieving Therapeutic Presence Through Your Heart-Brain-Body Connection

Lori Leyden, PhD, MBA

Therapeutic presence is essential to effective therapy. How can we sustain and nurture it? Discover practical skills based on the heart-brain-body connection, The Grace Process and EFT.

Post-Conference Intensives

Monday, June 3 **9:00am - 5:00pm**

Transformation for Treating Difficult Issues & Disorders with AIT

Asha Clinton, PhD & Marilyn Dougall, LCSW

Learn how to address complex issues and disorders that often defy conventional treatment with Advanced Integrative Therapy depth work. Help your clients unravel early trauma's impact on mental health and well-being.

Embrace the Present: Unveiling the Identity Method

Fred Gallo, PhD, DCEP

Dive into the world of the Identity Method, a dynamic approach blending mindfulness, emotional focusing, visualization, and tactile stimulation. Discover how this method can treat psychological issues, helping people live in the NOW.

Release the Emotional Roots of Physical Disease to Recover Health Using Energy Psychology

Kristin Holthuis, MD

When lifestyle changes and medications are not enough... learn to pinpoint specific emotional root causes of physical diseases. Discover how to use energy psychology to clear traumatic impacts so your clients can recover wellbeing.

Empower Intention & Energy Will Follow: Be Set Free Fast

Alfred Heath, MA, LPC & Adriana Popescu, PhD

Learn how to apply the ancient axiom "energy follows intent" with Be Set Free Fast, which synthesizes and simplifies psychodynamics, somatosensory energetics, and cognitive-behavioral exploration into an efficient process for transformation.

CONFERENCE OVERVIEW

Friday, May 31 [View details](#)

6:30AM - 7:15AM	Morning energizers
8:00AM - 8:30AM	Opening ceremonies
Keynote	
8:30AM - 10:00AM	Polyvagal Theory: Harnessing the Healing Power of Safety Signals <i>Stephen Porges</i>
10:45AM - 12:45PM	Learning Labs A <i>(see grid below)</i>
12:45PM - 2:45PM	Complimentary lunch / Annual meeting / Break
	Elemental Insights: Elevate Client Experiences with the Five Elements in Energy Psychology <i>Dondi Dahlin</i>
Invited Presentations (Your Choice)	Navigating New Frontiers: Ketamine Assisted Psychotherapy & the Fusion with Energy Psychology <i>Kerri Husman</i>
2:45PM - 3:45PM	
3:50PM - 4:20PM	Movement break: T'ai Chi <i>David Rosenberg</i>
Keynote	
4:45PM - 6:30PM	Embracing the Healing Power of Empathy <i>Judith Orloff</i>
6:30PM	Dinner on your own

Learning Labs A 10:45AM - 12:45PM

Track 1 Fundamentals of EP	Orientation to the Meridians <i>Michael Galvin, PhD, DCEP</i>
Track 2 Specific EP Approaches & Populations	How TAT Promotes Non-dual Consciousness <i>Tapas Fleming, Lac</i>
Track 3 The Many Faces of Trauma & Violence	Soul Weaving: Integrating Fragmented Parts Using Energy Psychology <i>Mary Sise, LCSW, DCEP</i>
Track 4 Flow, Resilience & Performance	Transforming Limiting Beliefs: A Four-Step Multidimensional Approach <i>Debra Greene, PhD</i>
Track 5 The Science of Therapeutic Change	Enhancing Therapeutic Skills: How to Bridge the Gap Between CBT & Energy Psychology <i>Coralee Pringle-Nelson, MEd, PhD</i>
Track 6a (1 hour) Transformative Journeys	Inner Awareness Method: Client Energy Transformation Tool <i>Teresa Lynch MHS, DPT</i>
Track 6b (1 hour) Transformative Journeys	Help Trauma Be Less Sticky <i>Diane Spindler LMHC, LMFT</i>
Track 7 Potpourri	Clear Unconscious Programming That Interferes with Healing <i>Hillary Straus, MA, LMHC</i>



Saturday, June 1 [View details](#)

6:30AM - 7:15AM	Morning energizers
8:00AM - 8:30AM	Opening
Keynote 8:30AM - 10:00AM	Thriving Beyond Adversity: Unveiling the Path to Resilience & Post-Traumatic Growth <i>Arielle Schwartz</i>
10:45AM - 12:45PM	Learning Labs B <i>(see grid below)</i>
12:45PM - 2:15PM	Lunch on your own Committee meetings
2:15PM - 4:15PM	Learning Labs C <i>(see grid below)</i>
4:20PM - 4:50PM	Movement break: Qigong <i>Master Mingtong Gu</i>
Invited Presentations (Your Choice) 5:00PM - 6:00PM	Shift the Mind & Body with the Archetypes of Sound™ <i>Charleene Closshey</i> 5 Strategies for Running a Safe, Ethical, & Vibrant Practice <i>Ian Foster</i>
7:00PM - 11:30PM	Gala Dinner, Awards Ceremony & Dance Party

Learning Labs B 10:45AM - 12:45PM

Learning Labs C 2:15PM - 4:15PM

Track 1 Fundamentals of EP	The Evolution & Application of Emotional Freedom Techniques: From Self-Help to Powerful Clinical Tool <i>George Limberakis, LCMHC, DCEP</i>	Energy Testing: Fundamentals for Accurate & Ethical Muscle Testing <i>Tabatha Bird Weaver, LMFT, DCEP</i>
Track 2 Specific EP Approaches & Populations	Higher Dimensional Healing: Blue Diamond & the Physics of William Tiller <i>Phil Mollon, PhD, DCEP</i>	Empower Energy Technique: Advances in Transforming Mental Health <i>Alice Lee, MD</i>
Track 3 The Many Faces of Trauma & Violence	Transforming Grief into Growth: Nurturing Resilience & Renewal <i>Jennifer Groebe, MSW, LCSW & Celina Pina Shemo, PsyD, LMFT</i>	Healing the Birth Story: Clearing Inherited, Intergenerational & Prenatal Trauma <i>Jane McCampbell Stuart, MA, LMFT</i>
Track 4 Flow, Resilience & Performance	Release Fear from Your Voice to Manifest Powerfully <i>Jan Jorgensen, RN, PhD</i>	T'ai Chi Fundamentals®: Fostering Energetic Transformation <i>David Rosenberg, PhD, LCP</i>
Track 5 The Science of Therapeutic Change	Tapping into Healthy Masculinity: A Practitioner's Guide <i>Larry Burk, MD, CEHP & David Gruder, PhD, DCEP</i>	Using Ego State Therapy & Energy Psychology for Healing Childhood Trauma <i>Kristin Miller, PhD</i>
Track 6a (1 hour) Transformative Journeys	Healing Inter-generational Violence & Trauma <i>Tapas Fleming, Lac</i>	Healing at the Roots: Core Ask & Receive for Pre-Birth Trauma Resolution <i>Thomas Altaffer, MSW & Pamela Altaffer, LCSW</i>
Track 6b (1 hour) Transformative Journeys	Mindful Color Intervention for Upgrading Your Inner Parent <i>Brent Baum, STB, LISAC</i>	Allergy Antidotes: Three Easy Ways to Relieve Allergy-like Reactions <i>Sandra Radomski ND, MSW</i>
Track 7 Potpourri	Toxic Relationships: Addicted to the Breadcrumbs of Love <i>Kate Munden, DipPsych</i>	Breaking the Negative Cycle: Treating Rumination with AAIT Protocols <i>Melanie McGhee, LCSW</i>

Sunday, June 2 [View details](#)

- 6:30AM - 7:15AM** **Morning energizers**
- 8:00AM - 10:00AM** **Learning Labs D** *(see grid below)*
- 10:30AM - 12:30PM** **Learning Labs E** *(see grid below)*
- 12:30PM - 2:00PM** **Lunch on your own**

Keynote

2:00PM - 3:45PM **Healing & Spiritual Awakening as One Path** *Master Mingtong Gu*

3:45PM - 4:00PM **Closing ceremony**

Learning Labs D 8:00AM - 10:00AM

Learning Labs E 10:30AM - 12:30PM

Track 1 Fundamentals of EP	Beliefs & Boundaries: Moral, Ethical & Legal Considerations in a Polarized World <i>Sheila Bender, PhD, Phil Mollon, PhD, Michael Galvin, PhD</i>	Harmonizing Progress: Understanding & Addressing Systematic Energetic Interference (SEI) <i>Sarette Zecharia, PhD, DCEP</i>
Track 2 Specific EP Approaches & Populations	Resilience Renewed: Energy Psychology for Healthcare Providers <i>Holly Timberlake, PhD, DCEP</i>	Intention Tapping™ Unveiled: Release, Restore & Reconnect <i>Greg Carpenter, LMFT</i>
Track 3 The Many Faces of Trauma & Violence	Cultivating Compassionate Care: Addressing Trauma in Primary Care <i>Mary Louder, DO</i>	Diagnosing & Treating Cultural-Historical Trauma Using Advanced Integrative Therapy (AIT) <i>Elizabeth Pace, MEd, LPCS</i>
Track 4 Flow, Resilience & Performance	Transforming Lives: Energy Psychology in Harmony with Gestalt & Existential Therapy <i>Caroline Sakai, PhD</i>	Using Human Design to Elevate Energy Psychology Effectiveness <i>Martha Delafield, LCSW</i>
Track 5 The Science of Therapeutic Change	EFT for Transforming Chronic Pain: 3 Things That Keep Sufferers Stuck <i>Michelle McCosker, ND</i>	Synergies Unveiled: Exploring the Intersection of Psychedelic Assisted Therapy & Energy Psychology <i>Lucie Monroe, MA, LMHC</i>
Track 6a (1 hour) Transformative Journeys	Don't Sacrifice Yourself <i>Judith Swack, PhD</i>	Harmonize Your Being: Nervous System Regulation through Energy & Sound Healing <i>Rachel Michaelsen, LCSW, DCEP</i>
Track 6b (1 hour) Transformative Journeys	The Procrastination Breakthrough: Get Unstuck, Motivated & Into Action <i>Margaret Lynch Ranieri</i>	Journey of Awakening: An Immersive Experience of Art & Music <i>Cynthia Joba, MA</i>
Track 7 Potpourri	Cellular Resonance Quantum Healing & Energy Psychology: The Neuroscientific Bridge to Transformative Recovery <i>Doug Lehrer DC, CQM</i>	Beyond the Five: Unlocking the Power of 32 Senses in Energy Practice <i>Jennifer Closshey, PhD</i>



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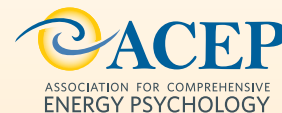
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The Association for Comprehensive Energy Psychology is the largest

international nonprofit organization of its kind, with 1,400+ members. ACEP promotes professionally responsible energy psychology treatments, humanitarian outreach and collaboration among practitioners, researchers, and licensing bodies.

Want to learn more about ACEP and energy psychology? Visit energypsych.org.