

# THE MOTIVATION BREAKTHROUGH MAP

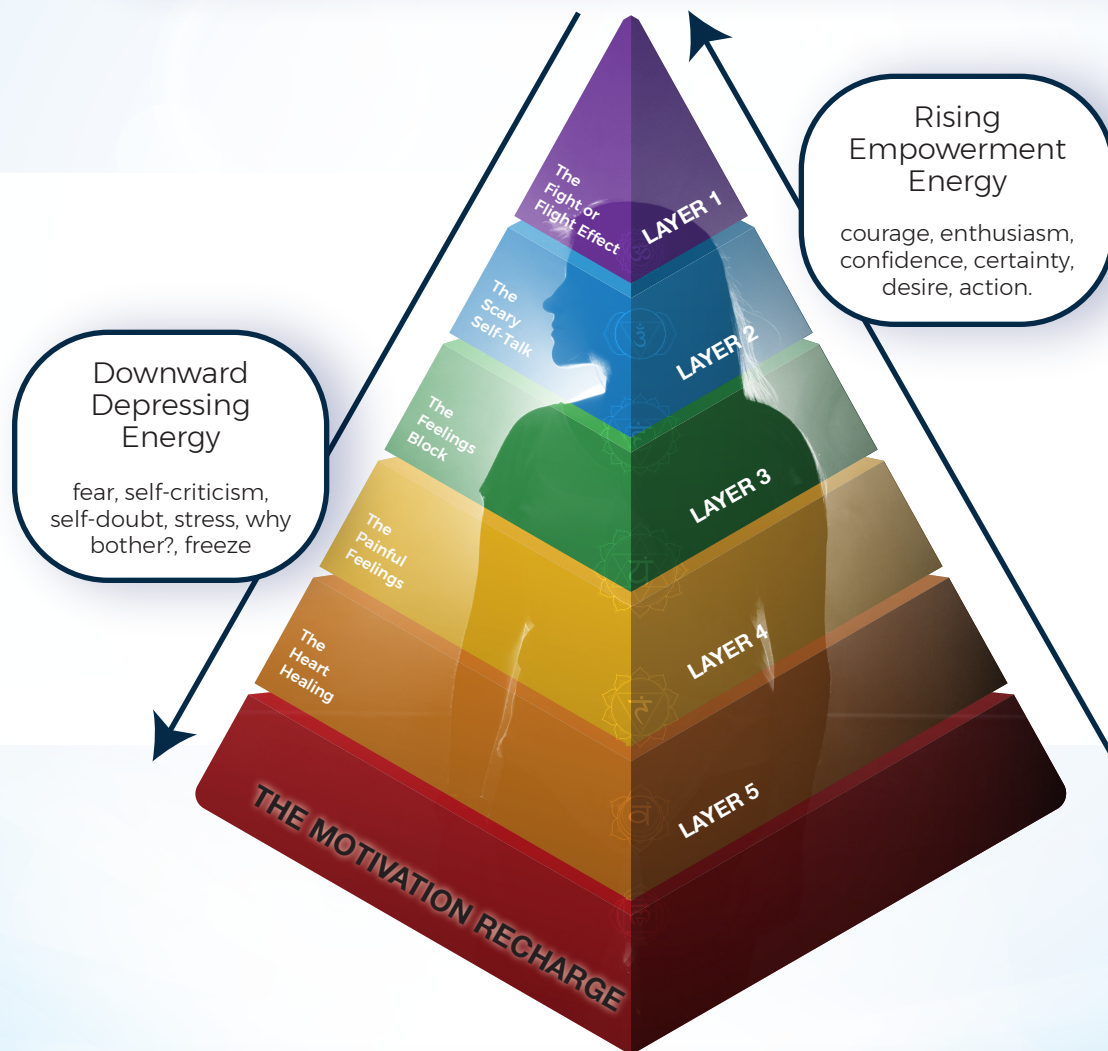
The 5 layers you must break through to get anyone from stuck and procrastinating to enthusiasm, confidence and action.

## Problems People Complain About

**"I feel stuck!"** The real life problems clients complain about - "not having enough" (time, money, success, joy, energy, love) - or "having too much" (pain, fear, self-doubt, stress, debt). These problems are the RESULT of things clients are doing and NOT doing.

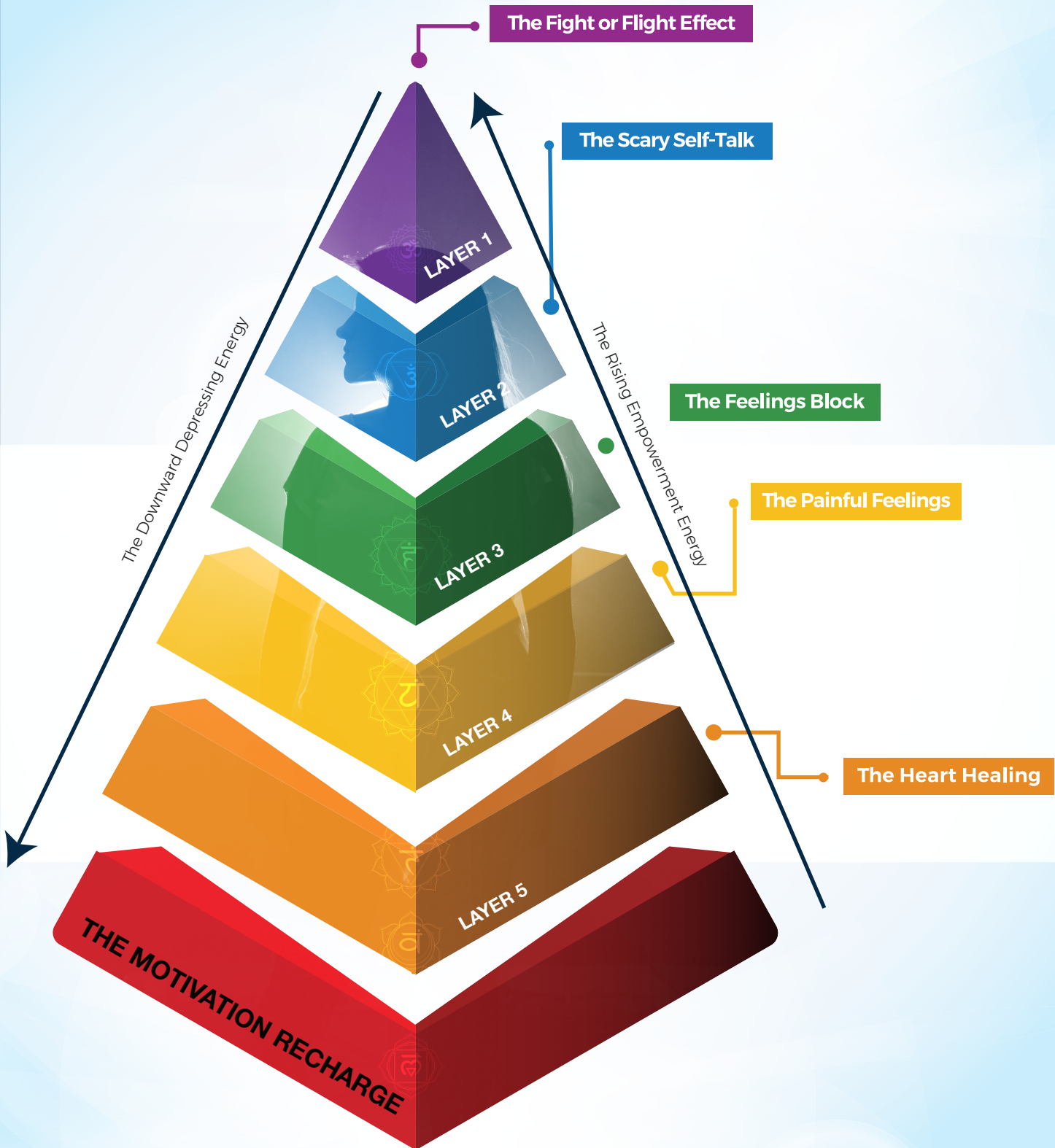
## The "Mysterious Behaviors"

**"I don't know WHY I do that!"** The costly behaviors that always seem mysterious, frustrating and unsolvable to clients - procrastination, freezing, over-thinking, over-giving, playing small, "boom and bust" cycles and outright self-sabotage.



## The Motivation Recharge

**"WOW, I feel excited!"** The rising "Empowerment Energy" of passion, desire, enthusiasm and confidence flows up through the body with a powerful renewed motivation. This excitement and impulse to act builds from the Layer 5 opening of self-compassion and becomes a huge inner shift of DEEPLY FELT CLARITY about what they really want and deserve to be, do and have. This is not a mindset shift, or new idea. It is a dramatic shift of consciousness, energy and empowerment



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Problems People Complain About

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The "Mysterious Behaviors"

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● The Fight or Flight Effect

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● The Scary Self-Talk

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# THE MOTIVATION BREAKTHROUGH MAP

● The Feelings Block

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● The Painful Feelings

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● The Heart Healing

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● The Motivation Reboud

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MARGARET LYNCH RANIERE

Thank you for coming to my talk!

If you want to know more about the Motivation Breakthrough Map and how to use it to give your clients or patients a breakthrough, then this is for you!

**YOUR FREE GIFT**

**Breakthrough Map Deep Dive Video Course**

6 - Videos with Handouts

Includes Mini Case Study for Each Layer

Visit

<http://margaretlynchraniere.com/ACEP>

And please remember to check out my books

**Tapping Into Wealth** (Penguin) and

**Unblocked** (Hay House)

on Amazon or at a bookstore near you!

Thanks again!

Margaret