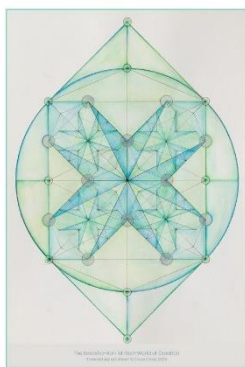


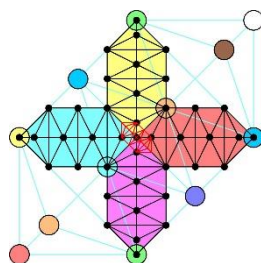
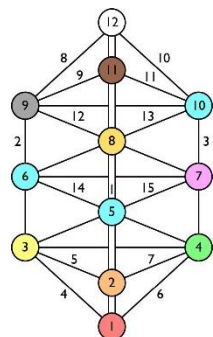
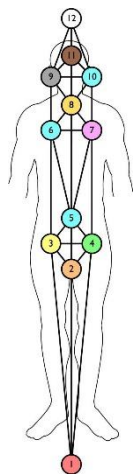
Blue Diamond Healing: ACEP handout Baltimore 2023 [Phil Mollon]

Hypothesis: There is a fractal series of 12-point grids – grids within grids – on the human body and the cosmos – all the way back to God-Source. The center of the main 12-point grid on the human body is the Blue Diamond, just below the collar bone K27 acupoints. It is also sometimes called the ‘high heart chakra’.



The practice of energy psychotherapy, working with the subtle energy system, brings us into contact with higher dimensions – and it seems that, once on that dimensional ladder, there is a natural tendency to keep climbing, taking step after step. Blue Diamond Healing is an exploration of purported, intuited or hypothesized deeper energetic structures and processes, and of the distortions and ‘errant coding’ that can occur in these.

[image by Steve Glass, used with permission]



These hypothesized energetic structures include a recurring fractal of a 12-point grid, based on models originally described in material published by the Azurite Press (Deane, 1999), and Lisa Renee (<https://energeticsynthesis.com/>)

and Noel Tobin (<https://emerald24.org/>). Within and

around this 12-point diamond structure, there are other structures of spinning horizontal and vertical flows of energy and information (Tobin, 2016, 2021a, 2021b). These energies are both polarized and omnipolar, continually fusing, splitting and braiding in an endless triadic sexual dance. They also weave in and out of parallel states, giving rise to our ‘parallel selves’, structural opposites existing in separate yet mutually influencing realms.

[images by artist at Confer publications]

At the centre of the 12-point grids (between signets 6 & 7) is the Blue Diamond itself, an energy centre that allows access to higher-dimensional realms. Thus, the Blue Diamond is an energy centre that we can hold our fingers to, just as we might manually stimulate meridian

acupoints and the chakras. Within these structures of energy and information, we can detect where there is errant coding, using essentially the same kind of muscle testing procedure (also known as energy testing) that Callahan learned to use to find meridian coding way back in the late 1970s. The Blue Diamond forms a healing field, which we can tune to a target problem in a manner analogous to the way Callahan would tune the 'thought field' for acupoint tapping.



A crucial pattern in this model is a double vortex, of two counter-rotating spinning fields. The top, clockwise spinning field brings in fresh energy and information, while the lower, counter-clockwise field takes out the waste. This double vortex may be considered a basic unit of life. Often, its functioning may be compromised and in need of correction. Muscle testing can be used to discern this.

[image by Lori Hops]

While we cannot manually stimulate all the higher-dimensional structures, we can use a kind of meditational request that the errant coding be removed. This is in line with procedures increasingly common in other forms of energy psychology, where careful choice of words and intentional commands are used to bring about change. It also is congruent with the extensive research on physics and meditation by William Tiller, who discovered a 'higher gauge' realm of reality, different from (but linked to) our physical matter-based realm, that is responsive to intention (Tiller, 2007; Dorothy Greene, 2021).

However, the request/command used in Blue Diamond Healing is based on a connection to Source – whether this is viewed as the highest aspect of the person's own being or is seen as a transcendent First Cause. It rests on the proposition that there is a line of continuity between all levels of creation (Wolff, 1997) and that the Blue Diamond offers this pathway. The request is really a request to Source to issue a command. If that request is in line with higher-dimensional ethics and, if the client is willing to allow the shift, then it will take place.

Blue Diamond Healing is thus a kind of applied theology and the work is a form of prayer. It is not, however, an appeal to an external deity, but is instead a relationship with the deeper and higher intelligence that we are all part of – the intrinsic and collective wisdom of the cosmos. The approach is not a religion, but a highly practical model and set of hypotheses that can guide the energy psychotherapist towards more precise identification of the client's difficulties, which can then be resolved if the context allows.

There is no limit to how the Blue Diamond can be used – and no rigid protocols. The Blue Diamond healing field tends to guide each practitioner in how to use it best, meeting each person where they are in their own development. It does not remove the need for other

kinds of energy psychotherapeutic work, but many find that it provides a deeper and more comprehensive healing after such work has been done.

Some techniques:

Healing on the silver pathway

In this procedure the client is guided into the Blue Diamond field, and then invited to place their consciousness in the centre of their brain. He or she is then asked to think of a miniature replica of the self, in the centre of the brain, placing all the target problems in a black rubbish sack. Then a doorway opens on the left side of the brain, revealing a silver pathway stretching out in a straight line, – but at a certain point the silver pathway makes a sharp right- angle turn to the right. This sharp 90-degree shift represents the boundary between the present and parallel realms. The client is guided to carry the rubbish sack out along the pathway, and to deposit it at the right-angle bend – where it immediately dematerialises. As the client walks back along the pathway to the brain, there is a packaged gift left for them on the path. He or she is guided to pick up the package, take it back into the brain and then unwrap it. One client reported that the package contained a gift of ‘freedom’.

Desynchronising the energy fields

This is an extremely effective procedure, which, when it successful, results in a complete removal of all traces of the target problematic pattern. It is successful when sufficient prior work has been done that the person is completely ready and willing to relinquish the problem. This may involve exploring and resolving fears of letting the problem go, feelings of not deserving to be free of it, hidden gratifications or secondary gains, or a sense of identity invested in the problem.

The procedure can be enhanced if done carried out with the assistance of the parallel self, but it can also be undertaken without this.

- 1 Both client and practitioner go into the Blue Diamond position.
- 2 The practitioner and (if possible) client connect to Source.
- 3 Request the engagement of the parallel self, positioning consciousness at the boundary of the present and parallel self, or in the ‘space of higher union’.
- 4 Using intention, the problem – and all its history and expression, conscious and unconscious, known and unknown – are placed in the Blue Diamond for healing and complete resolution and removal.
- 5 The top and bottom spinning fields are activated by sending fractals of the Blue Diamond down into the core of the Earth and up into the far distance above. The top field spins clockwise (if looking down on it), showering silver-rainbow energies around and through the client’s entire fabric of being, at every dimensional level. The lower field forms a counter-clockwise vortex at Earth’s core, sucking out

all the waste, and streaming up counter-clockwise spirals of silver rainbow energy from Earth's Krystic core.

6 Request the command that the silver-rainbow energies flow backwards in time, healing the roots and origins and causes of the problematic pattern, flowing down the ancestral lines, and through other life-times, as far back as necessary – sometimes back through planetary history, back through human evolution, back through cosmic history, back to the first partiki (the original wave-particle).

7 Request the command that the silver-rainbow energy flow into the future, healing the future in relation to the problematic pattern.

8 Request that the silver-rainbow energy flows into the expression of the problem in the present.

9 Now request the command that all the particles and waves of the energy field of the problem (naming the problem) desynchronise, go out of phase, become complete entropy, lose all information and structure - all return to Source.

10 Now welcome the new energy field – the Gift from Source. The practitioner waits until the words for the new energy field form in the mind, – and then these are spoken. These words tend to express qualities such as freedom or, (for example), of “dancing in delight, in the garden of Divine Joy”.

11 Energy test the client to the presence of the problem. If successful, this will now register as not present. Now test the client to the presence of the problem in the past, perhaps including in childhood. What may be surprising, on first encountering this effect, is that the energy test may indicate that the problem has never existed within the client – even if objectively, (from the perspective of conventional reality), it is known that the problem has very much existed.

Internal tennis

The following exercise can be very useful in creating a sense of calm and coherence of brain function, and has been found particularly helpful by some people who are challenged by ADHD and associated brain conditions (Mollon, 2015). It draws upon the parallel functions of the two brain hemispheres (McGilchrist, 2009).

1 Place two fingers on the Blue Diamond point, and the other hand on the heart chakra.

2 Send a copy of the Blue Diamond up into the upper centre of the brain. It forms a blue ball.

3 Create two little tennis players, in white tennis clothes, on either side of the brain. Down the centre line – front to back along the corpus collosum – is the tennis net.

4 Have Get the two players to engage in a vigorous game of tennis with the blue ball. The ball is knocked all over the upper brain, from side to side, sometimes bouncing off the ceiling. Sometimes the game is concentrated in the frontal area, but it will also shift at times to the middle and the back.

5 After a few minutes, the game comes to an end. The two tennis players come together and embrace each other across the tennis net.

The 'Flash' technique

As with many of the Blue Diamond techniques, this is best used when much of the relevant work has already been done at the level of the mind, the meridians, and the chakras. It is a deeper 'cleaning' at the level of the 12-point grid.

The practitioner holds in mind the client's 12-point grid. He or she may instruct the client that in a few moments, at the count of 5, there will be a 'flash' at one or all of the 12 signets.

Count 1-5, then say forcefully "Flash, Flash, Flash!"

Suggested protocol for healing with the parallel self

"Quantum mechanics implies that the whole of space is filled with pairs of 'virtual' particles and antiparticles that are constantly materialising in pairs, separating and then coming back together again and annihilating each other. These particles are called virtual because, unlike 'real' particles, they cannot be observed directly with a particle detector. Their indirect effects can nonetheless be measured." (Stephen Hawking. *The Quantum Mechanics of Black Holes*. In *Black Holes and Baby Universes*. BCA Publications. 1993. Page 107)

The following simple procedure draws on the principle that dissolution of a problem occurs at the interface of the present and parallel self. This is analogous to the way that particles and anti-particles (matter and anti-matter) continually emerge and annihilate one another, as described in the quote above. The rationale for postulating the existence of the parallel self, intricately phasing with the present matter-based self, is outlined in detail in the *Blue Diamond Healing* book (Mollon, 2022). When the two selves, separate but structurally related, embrace or hug, a healing process may occur. Usually, but not always, the parallel self (accessed in a meditative state) is experienced as the opposite gender to the present self. Accessing and communing with the parallel self can be enriching in many ways and can remove the sense of inner loneliness. Here is one way to explore healing with the parallel self:

1. Both client and practitioner hold the target issue/problem in mind
2. Bring to mind your parallel self and the client's parallel self (both are pictured facing you/your client sideways, at right angles)
3. Silently or aloud, request the energies of the parallel flow to the present self

4. Silently or aloud issue the command “Fuse” – thinking of your and your client’s parallel self fusing with the present self
5. Draw breath in – you will feel the effect – you may utter aloud “Feel the healing now”
6. Hold the breath for a few moments
7. Then silently or aloud utter the command “Release”
8. This can be repeated, but it may not need to be

Technique of the 15 spheres

This technique activates 15 spheres progressing outwards from the Blue Diamond, corresponding to the 15 dimensions and chakras. The imagery is partly inspired by physicist Leonard Susskind’s (2005,; 2008) work on the holographic principle, whereby the information configuring the interior of a universe (or a black hole) resides on the outer boundary.

- 1 Guide the client into the usual Blue Diamond field, with fingers on the Blue Diamond point and the heart chakra.
- 2 Using Hold the intention that the client’s problems are, placed the client’s problems in the Blue Diamond field.
- 3 Explain that you will guide the client to use an exhalation of the breath to expand the Blue Diamond to create a silvery- rainbow sphere around the physical body.
- 4 Create the first sphere. Then create the next sphere around that one.
- 5 Then continue to create a total of 15 spheres in a ‘Russian doll’ type of hierarchy of – spheres around spheres.
- 6 Then request or command that the information on the outermost 15th sphere be corrected and reconfigured for optimum health, well-being, and good functioning, – and that this corrected information radiates down through the dimensional spheres.
- 7 Now guide the client to use a forceful outbreath to direct outwards, from the small Blue Diamond through the spheres to the outer boundary of the 15th th sphere, all dysfunctional information that needs to be removed from his or her system. It will radiate and dissipate from that outer boundary.

Expanding the vehicle with multiple Blue Diamonds

Sometimes the following procedure can be experienced as deeply healing and also as well as protective.

- 1 Guide the client into the usual Blue Diamond field, with fingers on the Blue Diamond point and the heart chakra.
- 2 Now say: “Be aware of another Blue Diamond 30–45 cm (12–18 inches in front of that one, – and now another Blue Diamond 30–45 cm (12–18 inches behind the first one, – and now another Blue Diamond 30–45 cm (12–18 inches to the left of the first one, – and another Blue Diamond 30–45 cm (12–18 inches to the right of the first one”.
- 3 Continue, with another Blue Diamond 30–45 cm (12–18 in) 12-18 inches above the head
- 4 And now another Blue Diamond at the base of the spine – and an additional four more around that one, (front, back, and each side).
- 5 And another Blue Diamond 30–45 cm (12–18 in) 12-18 inches beneath the feet.
- 6 State that all these 12 Blue Diamonds form a larger crystalline structure around the physical form.
- 7 Add an additional 13thth Blue Diamond in the far distance above. This represents the primal light and sound fields, of dimension 13 and above

Simple Blue Diamond merkaba breathing

- Focus attention on the Blue Diamond. Place into it anything of concern.
- With an outbreath, send a copy or fractal of the Blue Diamond up into the far distance above. This becomes a huge clockwise spinning sphere of 12th-dimensional-and-above, silver-rainbow, clean and fresh healing energy, showering clockwise spirals throughout the entire fabric of your being. This streams fresh energy and information into your system. It is an ‘electrical’ and male merkaba field, carrying the information to reset your system in accord with your true organic living code.
- With an outbreath, send a copy or fractal of the Blue Diamond down into the core of the Earth, where it forms a huge counter-clockwise-spinning field of silver-rainbow energy that reaches up and around you. This ‘magnetic’ and female merkaba field takes out the waste and also draws in fresh new information.
- The original Blue Diamond under the collarbones remains the still point at the centre of the two counter-rotating-spinning fields.
- Rest your consciousness in the Blue Diamond, while being aware of the clockwise-spinning field streaming down in spirals from above and the counter-clockwise field streaming up from your 13th chakra at the Earth’s core.
- Adopt a passive observing stance, allowing the two spinning fields (the double vortex-cleaning system) to do their mysterious work. As you breathe in, think of the

clockwise spirals from above. As you breathe out, focus on the counter-clockwise spirals flowing up from the Earth's core.

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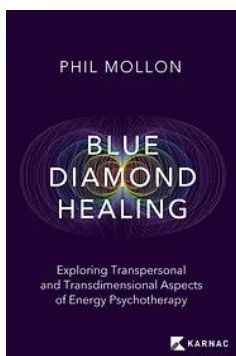
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