

BASIC QUANTUM CHART

HEALING: Awareness → Allowing to feel → Release → Restore to Harmonic frequency

STEPS

- Name the issue : _____
- Describe in specific **feelings** how the issue makes you feel (no stories here) and powerful exalted words

FEELINGS	POWERFUL WORDS (antonyms)

- Write a restorative statement: **"I thank oneness (the universe, God, or the Great Spirit, Jesus, whomever deeply resonates with you) for the complete integration of (Powerful Words) and allowing me to live (PW) to the fullest (finish the statement)".** Save it for later.
- Get grounded and in Neutral (no connection to the outcome) before activating your chart with your non-dominant hand
- Ask for the optimal healing possible at this time
- Fill in the following release statement: **" I ask for the complete release of (issue) from its point of origin for (name) for the entirety of the lineages and all space and time."**
- Rub your hands and activate the release chart by placing your hand over it (detrimental feelings). And say the following statement: **"I ask that (the issue) be brought up and RELEASE, REMOVE, DETACH, EJECT, SHIELD, AND IMPLEMENT"**. Send an energetic burst correction with your dominant hand toward an image of yourself and hold it for 3 seconds.
- Activate the Restorative chart (powerful words) with a non-dominant hand, say the restorative statement written above, and add: **"I ask for (powerful words) to be brought up and RESTORE, REJUVENATE, REINTEGRATE to the highest harmonic frequency possible with body prime energy"** Send energetic burst correction.
- Ask the universe/ God/ Great Spirit/muscle test for any weaknesses and clear them by repeating the process.

Physical		
PAIN 1-Stress - Trauma - Tension 2- Numbness - Tingling Swelling - Water retention 4- Inflammation 5- Congestion 6-Severe Pain	SPINE 1-C1-C7 3- 2-T1-T12 3-L1-L5 4- Sacrum 5- Coccyx	LYMPHATIC 1- Nodes 2-Fluids 3-Channels 4- Ducts 5- Lymph Center Liver/Kidney 7- Urinary/Bladder 8-Large / Small Intestine 9-Sweat Glands 10-Salivary Glands 11- Lungs
Mental	Emotional	Fear
1- Self Judgment 2- Self Worth 3- Not Good Enough 4- I'm Not Worthy 5- Panic Attacks	1- Aggravation 2- Inability To Cope 3- Betrayal Of Self 4- Frustration 5- Depression 6- Hopelessness 7- Anxiety Inflexibility 9-Guilt 10- Grief 11- Control 12- Anger	1- Trusting 2- Death 3- Responsibility 4- Success 5- Money 6- Intimacy 8- 7- Love 8- Loss Of Love 9- Rejection 10- Abandonment 11- Failure 12-Present 13- Change 14- Living 15- Disappointment 16- Abuse
Spiritual	KARMA	PAST LIFE CONNECTIONS
1- Rejection Of Self 2- Separation From God 3- Rejection Of God 4-Owning Soul's Purpose	Detrimental Fractal Energies	Planetary Influences

If another correction is needed, say: **"I ask to RELEASE REMOVE DETACH EJECT SHIELD IMPLEMENT" ALL or any aspect for the client's best and highest good from all space and time"** and send the correction. Check for weaknesses using the Muscle test, otherwise, you are done!!!!

