



# The Art & Science of Transformational Change

June 1-5, 2023 | Baltimore, MD  
Hyatt Regency Inner Harbor

"This is by far the best professional conference I've ever attended. I feel like I've come home."

— Melinda Moats,  
MEd, LMHC

## 25<sup>th</sup> INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

### Onsite Conference Schedule

#### Pre-Conference

Thursday, June 1 [View details](#)

8:30AM - 4:15PM	<b>Pre-conference intensives</b> (additional fee)
8:30AM - 4:15PM	<b>Research Symposium</b> (free with conference registration)
<b>Keynotes</b>	<b>Are Emotional Freedom Techniques (EFT) Evidence Based? The American Psychological Association Report</b> Peta Stapleton
5:15PM - 7:30PM	<b>Calm Down – Power Up: Embodied Energy Practices for Practitioners &amp; Clients</b> Roger Jahnke
7:30PM	<b>Dinner on your own</b>

#### Post-Conference

Monday, June 5 [View details](#)

9:00AM - 5:00PM	<b>Post-conference intensives</b> (additional fee)
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# Friday, June 2 [View details](#) Early morning energizers and full breakfast included (with gluten-free options).

<b>6:30AM - 7:15AM</b>	<b>Morning energizers</b>
<b>8:00AM - 8:30AM</b>	<b>Opening ceremonies</b>
<b>Keynote</b>	
<b>8:30AM - 10:00AM</b>	<b>Mind-Body Approaches for Healing Traumatic Attachment</b> Janina Fisher
<b>10:45AM - 12:45PM</b>	<b>Learning Labs &amp; Demonstrations A</b> (see grid below)
<b>12:45PM - 2:45PM</b>	<b>Complimentary lunch / Annual meeting / Break</b>
<b>Invited Presentations (Your Choice)</b>	
<b>2:45PM - 3:45PM</b>	<b>The Journey of Forgiveness: Destination Peace</b> Azim Khamisa
	<b>ACEP's First President Reflects on Its Origins &amp; Future</b> David Gruder
<b>3:55PM - 4:20PM</b>	<b>Movement break</b>
<b>Keynotes</b>	
<b>4:30PM - 6:45PM</b>	<b>Music as Medicine: The Healing Art of Advocacy in an Ever-Transforming World</b> Amykaela Gaston
	<b>Has the Paradigm Shifted Yet?</b> Dean Radin
<b>6:45PM</b>	<b>Dinner on your own</b>

## Learning Labs A 10:45AM - 12:45PM

<b>Track 1</b> Fundamentals of EP	<b>Orientation to the Meridians</b> Michael Galvin
<b>Track 2</b> Specific Populations	<b>Create Stable Boundaries and Prevent Burnout</b> Judith Swack
<b>Track 3</b> Specific Approaches	<b>Empowering Client Self Regulation, Self Responsibility, and Self-Treatment with Heart Assisted Therapy</b> Kathy Milano
<b>Track 4</b> Energy Healing Methods	<b>Quantum Charts: Intuitive Tool That Synchronizes Our Systems, Harmonizing Your True Self</b> Maria Limardo
<b>Track 5</b> The Many Faces of Trauma & Violence	<b>Using Energy Psychology to Address Attachment Issues from a Trauma-Informed Perspective</b> Rachel Michaelsen
<b>Track 6</b> Practices for Higher Consciousness	<b>Psychoenergetic Science: Tools for Transformation</b> Debra Greene
<b>Track 7</b> Strengthening Resilience & Improving Performance	<b>Using Energy Psychology in Groups for Enhanced Outcomes</b> Betsy Muller
<b>Track 8</b> The Science of Therapeutic Change	<b>Using EFT for Successful Weight Loss</b> Peta Stapleton, Carol Look
<b>Track 9</b> Demonstrations (D) / Quantum Talks (QT)	<b>CEP: Energy Psychology's Best Kept Secret (D)</b> Sarette Zecharia
	<b>Experience Ask &amp; Receive (D)</b> Thomas Altaffer



# Saturday, June 3 [View details](#) Early morning energizers and full breakfast included (with gluten-free options).

<b>6:30AM - 7:15AM</b>	<b>Morning energizers</b>
<b>8:00AM - 8:30AM</b>	<b>Opening</b>
<b>Keynotes</b>	<b>The Energetics of Thought &amp; Touch</b> <i>James Oschman</i>
<b>8:30AM - 10:30AM</b>	<b>The Science &amp; Practice of Sound Healing</b> <i>Johnathan Goldman</i>
<b>11:15AM - 1:15PM</b>	<b>Learning Labs &amp; Quantum Talks B</b> (see grid below)
<b>1:15PM - 2:30PM</b>	<b>Lunch on your own   Committee meetings</b>
<b>2:30PM - 4:30PM</b>	<b>Learning Labs &amp; Demonstrations C</b> (see grid below)
<b>4:40PM - 5:05PM</b>	<b>Movement break</b>
<b>Invited Presentations (Your Choice)</b>	<b>If You Meet the Toolbox on the Road, Kill It! Accessing Wisdom</b> <i>Fred Gallo</i>
<b>5:15PM - 6:15PM</b>	<b>Energy Psychology Can Treat Disease</b> <i>Asha Clinton</i>
<b>7:00PM - 11:30PM</b>	<b>Gala Dinner, Awards Ceremony &amp; Dance Party</b>

	<b>Learning Labs B</b> <b>11:15AM - 1:15PM</b>	<b>Learning Labs C</b> <b>2:30PM - 4:30PM</b>
<b>Track 1</b> Fundamentals of EP	<b>Emotional Freedom Techniques (EFT): From Self-Help to Powerful Clinical Tool</b> <i>George Limberakis</i>	<b>Demystifying The Biofield</b> <i>Sarette Zecharia</i>
<b>Track 2</b> Specific Populations	<b>Using Energy Psychology Techniques to Build Emotional Resilience in Children &amp; Youth</b> <i>Jan Yordy</i>	<b>Outgrow Your Comfort: Combat Your Fears &amp; Live in Fulfillment</b> <i>Tameika Lawrence</i>
<b>Track 3</b> Specific Approaches	<b>Strong in Spirit: A Deep Dive into the Process of Forgiving Others &amp; Self</b> <i>Azim Khamisa</i>	<b>Using EFT to Treat Addiction &amp; Co-Occurring Mental Disorders</b> <i>Adriana Popescu</i>
<b>Track 4</b> Energy Healing Methods	<b>Essentials of Pranic Healing: A Bioenergy Modality</b> <i>Glen Mendoza, Sanjay Swarup</i>	<b>Releasing Emotional Shock for Deeper Healing: An Energy Medicine Approach</b> <i>Michelle Earnest</i>
<b>Track 5</b> The Many Faces of Trauma & Violence	<b>Best Practices in Disaster Mental Health: Connecting &amp; Sharing Energy Psychology Practices</b> <i>Coralee Pringle-Nelson, Rachel Michaelson</i>	<b>Mastering the Traumagram</b> <i>Jane McCampbell Stuart</i>
<b>Track 6</b> Practices for Higher Consciousness	<b>The Wholeness Process: A New Form of Meditation That Resolves Life Issues</b> <i>Michael DeMolina</i>	<b>Some Simple Blue Diamond Techniques for You to Use</b> <i>Phil Mollon</i>
<b>Track 7</b> Strengthening Resilience & Improving Performance	<b>Breakthrough Map &amp; Codes: Get Clients Unstuck, Motivated &amp; into Action</b> <i>Margaret Lynch Raniere</i>	<b>Create the Mindset for Mental Health Resilience in Athletes</b> <i>Amanda Freger</i>
<b>Track 8</b> The Science of Therapeutic Change	<b>Reclaiming Power After Sexual Trauma</b> <i>Helen Hudson</i>	<b>Climate Change Anxiety &amp; PTSD: Strategies to Create Interconnectedness With the Planet</b> <i>Susan Kane-Ronning</i>
<b>Track 9</b> Demonstrations (D) / Quantum Talks (QT)	<b>Success is No Accident (QT)</b> <i>Carol Look</i>  <b>Wisdom Awareness: Consciousness &amp; the Energy Pathways of the Healing Journey (QT)</b> <i>B. Raven Lee</i>	<b>The Future of Energy Psychology for First Responders in Mass Casualty Events (QT)</b> <i>Mark Lomax</i>  <b>Behind the Art of Sound: Crystal Singing Bowls &amp; Mantra (QT)</b> <i>Charleene Closshey</i>
		<b>Live TFT Demonstration (D)</b> <i>Suzanne Connolly</i>  <b>Integrating EFT &amp; Ericksonian Hypnosis for Treating Trauma</b> <i>Robert Schwarz</i>

# Sunday, June 4 [View details](#) Early morning energizers and full breakfast included (with gluten-free options).

<b>6:30AM - 7:15AM</b>	<b>Morning energizers</b>
<b>8:00AM - 10:00AM</b>	<b>Learning Labs &amp; Demonstrations D</b> (see grid below)
<b>10:30AM - 12:30PM</b>	<b>Learning Labs &amp; Quantum Talks E</b> (see grid below)
<b>12:30PM - 1:45PM</b>	<b>Lunch on your own</b>
<b>Keynote</b>	
<b>1:45PM - 3:30PM</b>	<b>Uses of Energy Psychology Following Catastrophic Events</b> David Feinstein
<b>3:30PM - 4:00PM</b>	<b>Closing ceremony</b>

	<b>Learning Labs D</b> <b>8:00AM - 10:00AM</b>	<b>Learning Labs E</b> <b>10:30AM - 12:30PM</b>
<b>Track 1</b> Fundamentals of EP	No session	<b>Psychological Reversals: Removing Unconscious Blocks to Healing</b> Lynn Mary Karjala
<b>Track 2</b> Specific Populations	<b>Autonomic State as a Foundation for Trauma Restoration &amp; Growth</b> Shelly Melroe	<b>An Energy Psychology Approach to Treating Racial Trauma</b> Shawn Blue
<b>Track 3</b> Specific Approaches	<b>Transforming Trauma with Acu-vibrational Tuning Fork Technique</b> Nora Nalinci	<b>Inner Awareness Method: Compassionate Embracing of the Human Experience</b> Teresa Lynch
<b>Track 4</b> Energy Healing Methods	<b>An Artist Reborn: An Inspirational Case of Complex-PTSD Resolution</b> Yuliya Cohen	<b>Infinite Intention Technique: Connecting, Directing &amp; Transforming Energy</b> Alice Lee
<b>Track 5</b> The Many Faces of Trauma & Violence	<b>Connection Between the Vagus Nerve &amp; Chakras in Trauma &amp; Attachment Processing</b> Cheryl Llewelyn	<b>Clearing 14 Generations of Epigenetic Ancestral Limitations</b> Jennifer Closshey
<b>Track 6</b> Practices for Higher Consciousness	<b>Energy Psychology Meets Psychedelic-Assisted Therapy: An Opportunity for Synergy</b> Kate Hawke	<b>Enhancing Intuition &amp; Consciousness via Contemplative Psychology Poetry Practice</b> Elizabeth Rovere
<b>Track 7</b> Strengthening Resilience & Improving Performance	<b>If I Create My Own Reality Then Why Are YOU Still Here?</b> Mary Sise	<b>From Gyroscopes &amp; Tuning Forks to Gaia &amp; Covid: Energy is the Key</b> Rick Leskowitz
<b>Track 8</b> The Science of Therapeutic Change	<b>The Process of Change: Leaving Fundamental Religions and Insular Communities</b> Chani Getter	<b>Heartbreak is Real. Can Integrated Energy Psychology Interventions Help?</b> Shoshana Garfield, Kathryn Munden
<b>Track 9</b> Demonstrations (D) / Quantum Talks (QT)	<b>The HBLU Approach to Clearing Seduction Patterns (D)</b> Judith Swack  <b>Using AIT for Treating an Autoimmune Disorder (D)</b> Asha Clinton	<b>Hidden Keys to Energy Psychology, Healing &amp; Inner Peace (QT)</b> Larry Stoler  <b>The Missing Link: Using Energy Psychology in Phase 3 of Trauma Treatment (QT)</b> Robert Schwarz  <b>Post-Covid, Urgent Opportunities for Energy Psychology in Children's Education (QT)</b> Jondi Whitis  <b>Embedding Resources for Resilience in Communities (QT)</b> Rachel Michaelsen, Coralee Pringle-Nelson